## Crisis Resources
- **Mental Health Access & Crisis Line**
  - Phone: (888) 965-6647 / TDD (800) 735-2929
  - 24 Hours A Day * 7 Days A Week
- **First Responders’ Mental Health Urgent Care**
  - West Sacramento: (855) 897-2033
  - 12pm - 9pm * 7 Days A Week
- **Suicide Prevention**
  - Davis: (530) 756-5000 / Woodland: (530) 668-8445
  - West Sacramento: (916) 372-6565
  - 24 Hours A Day * 7 Days A Week
- **Sexual Assault & Domestic Violence Line**
  - Davis: (530) 756-5000 / Woodland: (530) 668-8445
  - West Sacramento: (916) 372-6565
  - 24 Hours A Day * 7 Days A Week
- **First Responders’ Mental Health Urgent Care**
  - West Sacramento: (855) 897-2033
  - 12pm - 9pm * 7 Days A Week

## Behavioral Health Services
- **Yolo County Mental Health Services**
  - Davis: (530) 757-5530 (Mon/Wed)
  - West Sacramento (Tue/Thurs/Fri): (916) 375-6830
  - Woodland: (530) 666-8630
  - Monday - Friday * 8am - 5pm
  - (888) 965-6647 / TDD (800) 735-2929
  - 24 Hours A Day * 7 Days A Week

## Health Care Services
- **CommuniCare Health Centers**
  - Davis: (530) 758-2060 / Woodland: (530) 405-2815
  - West Sacramento: (916) 403-2970
  - Monday—Friday * 8am—5pm
  - *(3 locations) hours vary by location please call
- **Elica Health Centers**
  - West Sacramento: (855) 354-2242
  - Monday—Friday * 8am—5pm
  - *(3 locations) hours vary by location please call

## Financial Assistance and Employment
- **Medi-Cal (Health Insurance)**
  - For New Applications: (866) 226-5415
  - For Continuing Cases: (855) 278-1594
  - Apply Online: www.mybenefitscalwin.org
  - Monday - Friday * 8am - 4pm
- **CalWORKs (Cash Assistance)**
  - For New Applications: (866) 226-5415
  - For Continuing Cases: (855) 278-1594
  - Apply Online: www.mybenefitscalwin.org
  - Monday - Friday * 8am - 4pm

## Housing and Homeless Services
- **Fourth and Hope**
  - Woodland: (530) 661-1218
  - Emergency shelter, substance use treatment, case management and referrals

## Food Assistance
- **CalFresh (Food Stamps)**
  - For New Applications: (866) 226-5415
  - For Continuing Cases: (855) 278-1594
  - Apply Online: www.mybenefitscalwin.org
  - Monday - Friday * 8am - 4pm

## Legal Services
- **Legal Services of Northern California**
  - Woodland: (530) 662-1065
  - Legal assistance and eviction prevention

## Food Assistance
- **CalFresh (Food Stamps)**
  - For New Applications: (866) 226-5415
  - For Continuing Cases: (855) 278-1594
  - Apply Online: www.mybenefitscalwin.org
  - Monday - Friday * 8am - 4pm

## Yolo Fresh TEXT
- Send a text to 888777 with the keyword for your community to receive texts before food distributions.
  - Keywords: Woodland– OLIVE; West Sac & Clarksburg–GRAPE; Winters– ALMOND; Davis– TOMATO; UC Davis Campus– AGGIES; North Yolo– RICE; Capay– Walnut.

---

Rev. 04/03/18
| Crisis Resources | Mental Health Access & Crisis Line  
(888) 965-6647 / TDD (800) 735-2929  
24 Hours A Day * 7 Days A Week | Sexual Assault & Domestic Violence Line  
(530) 662-1133 / (916) 371-1907  
24 Hours A Day * 7 Days A Week |
|---|---|
| | Ask Teen Line  
Davis: (530) 753-0797 / Woodland: (530) 668-8445  
West Sacramento: (916) 371-3779  
24 Hours A Day * 7 Days A Week | Suicide Prevention  
Davis: (530) 756-5000 / Woodland: (530) 668-8445  
West Sacramento: (916) 372-6565  
24 Hours A Day * 7 Days A Week |
| Child Abuse Prevention | Yolo County Child Welfare Services  
Reporting Hotline: (530) 669-2345  
*If you suspect that a child is being abused.* | Childhelp National Child Abuse Hotline  
(800) 422-4453  
24 Hours A Day * 7 Days A Week |
| Physical and Behavioral Health Services | Yolo County Mental Health Services  
Davis: (530) 757-5530 (Mon/Wed)  
West Sacramento: (Tue/Thurs/Fri): (916) 375-6350  
Woodland: (530) 666-8630  
Monday - Friday * 8am - 5pm  
(888) 965-6647 / TDD (800) 735-2929  
24 Hours A Day * 7 Days A Week | CommuniCare Health Centers  
Davis: (530) 758-2060 / Woodland: (530) 405-2815  
West Sacramento: (916) 403-2970  
Monday—Friday * 8:30-5:00pm  
*(some late evenings available* |
| | Help Me Grow Yolo County  
(844) 410-4769  
*Child developmental screenings ages 0-5.* | Elica Health Centers  
West Sacramento: (855) 354-2242  
Monday—Friday * 8am—5pm  
*(3 locations) hours vary by location please call* |
| | Woodland Memorial Hospital  
Woodland: (530) 662-3961  
24 Hours A Day * 7 Days A Week | Sutter Davis Hospital  
Davis: (530) 756-6440  
24 Hours A Day * 7 Days A Week |
| Financial, Employment and School Assistance | Medi-Cal (Health Insurance)  
For New Applications: (866) 226-5415  
For Continuing Cases: (855) 278-1593  
Apply Online: www.mybenefitscalwin.org  
Monday - Friday * 8am - 4pm | CalWORKs (Cash Assistance)  
For New Applications: (866) 226-5415  
For Continuing Cases: (855) 278-1594  
Apply Online: www.mybenefitscalwin.org  
Monday - Friday * 8am - 4pm |
| | Department of Rehabilitation  
Woodland: (530) 668-6824  
Assistance with employment or school services. | Yolo County Employment Services  
For New Applications: (866) 226-5415  
Monday - Friday * 8am - 4pm |
| Housing and Homeless Services | CalWORKs Housing Support  
(530) 661-1218  
*Rapid Re-Housing for CalWORKs families* | Empower Yolo  
(530) 406-7221  
Shelter and other housing |
| | Yolo County Housing  
Woodland: (530) 662-5428  
Housing vouchers and public housing | Legal Services of Northern California  
Woodland: (530) 662-1065  
Legal assistance and eviction prevention |
| Food Assistance | CalFresh (Food Stamps)  
For New Applications: (866) 226-5415  
For Continuing Cases: (855) 278-1594  
Apply Online: www.mybenefitscalwin.org  
Monday - Friday * 8am - 4pm | Yolo Fresh TEXT  
Send a text to 888777 with the keyword for your community to receive texts before food distributions.  
*Keywords*: Woodland—OLIVE; West Sac & Clarksburg—GRAPE;  
Winters—ALMOND; Davis—TOMATO; UC Davis Campus—AGGIES;  
North Yolo—RICE; Capay—Walnut. |