




Employee



BENEFITS Guide



20
22



WASHINGTON
UNIFIED
SCHOOL
DISTRICT
WEST SACRAMENTO

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If you (and/or your dependents) have Medicare or you will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage.

Please see page 43 for more details.

The information in this brochure is a general outline of the benefits offered under Washington USD's benefits program. Specific details and plan limitations are provided in the Summary Plan Descriptions (SPD), which is based on the official Plan Documents that may include policies, contracts and plan procedures. The SPD and Plan Documents contain all the specific provisions of the plans. In the event that the information in this brochure differs from the Plan Documents, the Plan Documents will prevail.

Introduction and Eligibility

Flexible Solutions For Your Benefits Needs

We consider our employee benefits program to be one of our most important investments. Because we recognize the value our employees bring to our district, we are committed to providing you with a complete benefits program as part of your total compensation.

This guide has been prepared to assist you in making informed decisions regarding your employee benefits. We urge you to read this guide carefully and keep it as a reference. If you are well informed you will be better able to make the benefit choices that best meet your needs.

Please contact the Benefits Department at 916.375.7604 Ext. 7 (Ext. 4001 if calling internally) if you have any questions regarding your employee benefits package.

Thank you.

Who's Eligible?

Employees

Please contact the Washington Unified School District Benefits Department to inquire about eligibility guidelines.

Eligible Dependents

Your eligible dependents include your legally married spouse, domestic partner, and children (including stepchildren and adopted children) up to age 26. Age limits may apply to dependents enrolled as full-time students.

Coverage may be available for a mentally or physically disabled child who is age 26 or older. Requirements for such coverage and documentation of disability depend on the insurance carrier.



For more information, contact the Benefits Department at
916.375.7604 Ext. 7 (Ext. 4001 if calling internally)

When You Can Enroll

New Hires/Newly Eligible for Benefits

When you are first hired or become eligible for benefits, you have 30 days to enroll for benefits. If you do not enroll within that time period you will not be eligible for benefits until the next Open Enrollment, unless you have a **Change in Status**.

Open Enrollment

During Open Enrollment you will have the opportunity to make changes to your benefit elections. You must enroll by the Open Enrollment deadline for your benefits to be effective January 1st. Except for a **Change in Status**, you will not be able to change your elections until the next year's Open Enrollment.

Change in Status

If you have a Change in Status, you may be able to change your benefits before the next Open Enrollment. You must notify the Benefits Department within 30 days of the change.* If you meet the deadline, changes will be effective on the event date.

*Change in Status events include:

- Change in marital status
- Change in dependents
- Change in benefits eligibility for you, your spouse or dependent
- Change in employment for you, your spouse or dependent
- Change in work schedule for you or your spouse
- Gaining other coverage through your spouse
- Loss of other coverage for your dependent
- Change in residence causing loss of coverage
- Federal and state family medical leave, if qualified
- Medicare or Medicaid entitlement for you, your spouse or dependent
- Qualified Medical Child Support Order (QMCSO)

Contact the Benefits Department at 916.375.7604 Ext. 7 (Ext. 4001 if calling internally) for a complete explanation of qualifying family status change.

Medical

Eligible Employees and Early Retirees

WUSD employees can choose from various medical plans. The medical plans provide comprehensive coverage but are different in how they are designed. Review the benefit summaries featured to understand the differences between the plans. Medicare eligible Retirees receive vision benefits from Kaiser and Health Net.

You decide which plan best meets your needs

- **Certificated:**
 - **Kaiser Permanente HMO** –
\$20 office visit copay plan
 - **Kaiser Permanente HMO HSA** –
HDHP #9835 plan
 - **United Healthcare PPO** –
BPFJ PPO \$400 Deductible
 - **Western Health Advantage HMO** –
\$20 office copay plan
 - **Western Health Advantage HMO HSA** –
1800/0 plan

When enrolling in an HMO, you must select a primary care physician who will manage your care and refer you to a specialist when it is needed. Most services are covered at a 100% after you pay a copayment.

Visit Kaiser Permanente:

www.kp.org

Visit Western Health Advantage:

www.westernhealth.com

Visit United Healthcare:

www.uhc.com

Visit Superior Vision:

www.superiorvision.com

Visit Health Net:

www.healthnet.com

Health Saving Account

Your HSA-compatible plan is a high deductible health plan (HDHP) that enables you, as a consumer, to manage your individual or family health care expenditures. This highly-rated plan provides you and your family medical services at lower premiums. Your HSA is the financial component (the account that holds your funds) providing a tax-free way to save and pay for qualified medical expenses. The combined strength of your HSA-compatible plan and the funds in your HSA provides you peace of mind about your current and future health care needs. This plan has been updated to include member maximums within family coverage. Please refer to pages 5 & 10 for the summary of benefits.

Superior Vision Plan

All eligible employees have two Superior Vision plans from which to choose. There is a base plan and buy-up plan option, and both offer comprehensive coverage through the Superior Vision National Network of providers. Superior Vision also offers a number of non-covered services at a discount.

Post-65 Retirees

(Must have Medicare Parts A & B and live within 30 miles of a Health Net HMO medical group or Kaiser Facility.)

You have the choice to select one plan from the following:

- Kaiser Permanente HMO Senior Advantage (California Only)
- Health Net HMO Seniority Plus (California Only)

Medical (continued)

Eligible Employees & Early Retirees

Plan Benefits	Kaiser Permanente
	HMO Traditional Certificated Employees & Early Retirees
Lifetime Maximum	Unlimited
Maximum Out of Pocket	\$1,500 Individual/\$3,000 Family
Preventive Services	
• Routine Physical	No charge
• Well Baby/Immunizations	No charge
Physician/Diagnostic Services	
• Office Visits	\$20 copay
• Lab & X-ray & Diagnostic Test	No charge
• Prenatal/Postnatal Office Visits	No charge
Hospital Services	
• Semi-Private Room & Board	\$250 copay
• Outpatient Surgery	\$100 copay
• Emergency Room <i>(waived if admitted)</i>	\$125 copay
• Urgent Care	\$20 copay
Other Services	
• Ambulance	\$100 copay
• Durable Medical Equipment	No charge
Prescription Drugs	
• Plan Pharmacy <i>(Up to a 30-day supply)</i>	
– Generic	\$10 copay
– Brand	\$30 copay
• Mail-order <i>(Up to a 100-day supply)</i>	
– Generic	\$20 copay
– Brand	\$60 copay

The information described on this page is only intended to be a summary of benefits. It does not describe or include all benefit provisions, limitations, exclusions, or qualifications for coverage. Please review plan documents for full details. If there are any conflicts with information provided on this page, the plan documents will prevail.

Medical (continued)

Plan Benefits	Kaiser Permanente
	HMO HDHP w/ HSA Certificated Employees & Early Retirees
*See page 26 for setting up a HSA account through HSA Authority.	
General Plan Information	
• Annual Deductible/Individual	\$1,800 per calendar year
• Annual Deductible/Family	\$2,800 (Each member in a family of two or more members) \$3,600 (Entire family of two or more members) per calendar year
• Coinsurance	100% after calendar year deductible
• Office Visit/Exam	100% after calendar year deductible
• Outpatient Specialist Visit	100% after calendar year deductible
• Annual Out-of-Pocket Limit/Individual	\$3,600 per calendar year
• Annual Out-of-Pocket Limit/Family	\$3,600 (Each member in a family of two or more members) \$7,200 (Entire family of two or more members) per calendar year
• Deductible Included in Out-of-Pocket Limits	Yes
• Lifetime Plan Maximum	Unlimited
• Primary Care Physician Election Required	Yes
Outpatient Services	
Preventive Services	
• Well-Child Care	100% (deductible does not apply)
• Immunizations	100% (deductible does not apply)
• Well Woman Exams	100% (deductible does not apply)
• Mammograms	100% (deductible does not apply)
• Adult Periodic Exams with Preventive Tests	100% (deductible does not apply)
• Diagnostic X-Ray and Lab Tests	100% after calendar year deductible
Maternity Care	
• Pregnancy and Maternity Care (<i>Pre-Natal Care</i>)	100% (deductible does not apply)
Inpatient Hospital Services	
• Inpatient Hospitalization	100% after calendar year deductible
• Pre-Authorization of Services Required	Yes
• Semi-Private Room & Board; Including Services and Supplies	100% after calendar year deductible
Surgical Services	
• Outpatient Facility Charge	100% after calendar year deductible
Emergency Services	
• Emergency Room	100% after calendar year deductible
Ambulance	
• Air	100% after calendar year deductible
• Ground	100% after calendar year deductible
Urgent Care	
• Urgent Care Facility	100% after calendar year deductible
Mental Health Benefits	
• Inpatient Care	100% after calendar year deductible
• Outpatient Care	100% after calendar year deductible

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Medical (continued)

Plan Benefits	Kaiser Permanente
	HMO HDHP w/ HSA Certificated Employees & Early Retirees
*See page 26 for setting up a HSA account through HSA Authority.	
Substance Abuse	
Inpatient Care	
• Inpatient Hospitalization	100% after calendar year deductible
• Inpatient Detoxification Services	100% after calendar year deductible
Outpatient Care	
• Outpatient Services	100% after calendar year deductible
Prescription Drug Benefits	
• Prescription Drug Deductible	Subject to plan deductible
• Prescription Drug Annual Out-of-Pocket Limit/Individual	Will accrue to annual OOP Max
• Prescription Drug Annual Out-of-Pocket Limit/Family	Will accrue to annual OOP Max
• Generic	\$10 copay after calendar year deductible
• Preferred Specialty	\$30 copay after calendar year deductible
• Brand (Formulary/Preferred)	\$30 copay after calendar year deductible
• Brand (Non-Formulary/Non-preferred)	\$30 copay after calendar year deductible
• Number of Days Supply	30 days
Mail Order	
• Brand (Formulary/Preferred)	\$60 copay after calendar year deductible
• Brand (Non-Formulary/Non-preferred)	\$60 copay after calendar year deductible
• Number of Days Supply for Mail Order	100 days
Other Services and Supplies	
• Durable Medical Equipment & Prosthetic Devices	100% after calendar year deductible
• Home Health Care	100% after calendar year deductible
• Skilled Nursing or Extended Care Facility	100% after calendar year deductible
• Hospice Care	100% after calendar year deductible
• Chiropractic Services	Not covered
• Acupuncture	Must be referred
Hearing	
• Screening	100% after calendar year deductible
• Aid(s)	Not covered
Infertility	
• Diagnosis	See Plan Certificate
• Treatment	See Plan Certificate
Outpatient Rehabilitative Therapy Services	
• Physical	100% after calendar year deductible
• Occupational	100% after calendar year deductible
• Speech	100% after calendar year deductible

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Medical (continued)

Eligible Employees & Early Retirees

Plan Benefits	Western Health Advantage
	HMO 250 MHP Certificated Employees & Early Retirees
Lifetime Maximum	Unlimited
Maximum Out of Pocket	\$1,500 Individual/\$2,500 Family
Preventive Services	
• Routine Physical	No charge
• Well Baby/Immunizations	No charge
Physician/Diagnostic Services	
• Office Visits (<i>including specialists</i>)	\$20 copay
• Lab & X-ray & Diagnostic Test	No charge
• Prenatal/Postnatal Office Visits	No charge
Hospital Services	
• Semi-Private Room & Board	\$250 copay
• Outpatient Surgery (<i>facility</i>)	\$100 copay
• Emergency Room (<i>waived if admitted</i>)	\$125 copay
• Urgent Care	\$35 copay
Other Services	
• Ambulance	No charge if medically necessary
• Durable Medical Equipment	20% copay when medically necessary*
Prescription Drugs	
• Plan Pharmacy (<i>Up to a 30-day supply</i>)	
– Generic	\$10 copay
– Brand	\$30 copay
– Non-Formulary	\$50 copay
• Mail-order (<i>Up to a 90-day supply</i>)	
– Generic	\$25 copay
– Brand	\$75 copay
– Non-Formulary	\$125 copay

* Copayments do not contribute to the out-of-pocket maximum (unless required for the management or treatment diabetes or pediatric asthma supplies and equipment). Percentage copayment amounts are based on WHA's contracted rate.

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Medical (continued)

Plan Benefits	Western Health Advantage
	HMO HDHP w/HSA Certificated Employees & Early Retirees
* See page 32 for setting up a HSA account through Health Equity.	
General Plan Information	
• Annual Deductible/Individual	\$1,800 per calendar year
• Annual Deductible/Family	\$2,800 (Each member of a family of two or more members) \$3,600 (Entire family of two or more members) per calendar year
• Coinsurance	100% after calendar year deductible
• Office Visit/Exam	100% after calendar year deductible
• Outpatient Specialist Visit	100% after calendar year deductible
• Annual Out-of-Pocket Limit/Individual	\$3,600 per calendar year
• Annual Out-of-Pocket Limit/Family	\$3,600 (Each member of a family of two or more members) \$7,200 (Entire family of two or more members) per calendar year
• Deductible Included in Out-of-Pocket Limits	Yes
• Lifetime Plan Maximum	Unlimited
• Primary Care Physician Election Required	Yes
Outpatient Services	
Preventive Services	
• Well-Child Care	100% (deductible doesn't apply)
• Immunizations	100% (deductible doesn't apply)
• Well Woman Exams	100% (deductible doesn't apply)
• Mammograms	100% (deductible doesn't apply)
• Adult Periodic Exams with Preventive Tests	100% (deductible doesn't apply)
• Diagnostic X-Ray and Lab Tests	100% after calendar year deductible
Maternity Care	
• Pregnancy and Maternity Care (<i>Pre-Natal Care</i>)	100% (deductible doesn't apply)
Inpatient Hospital Services	
• Inpatient Hospitalization	100% after calendar year deductible
• Pre-Authorization of Services Required	Yes
• Semi-Private Room & Board; Including Services and Supplies	100% after calendar year deductible
Surgical Services	
• Outpatient Facility Charge	100% after calendar year deductible
Emergency Services	
• Emergency Room	100% after calendar year deductible
Ambulance	
• Air	100% after calendar year deductible
• Ground	100% after calendar year deductible
Urgent Care	
• Urgent Care Facility	100% after calendar year deductible
Mental Health Benefits	
• Inpatient Care	100% after calendar year deductible
• Outpatient Care	100% after calendar year deductible

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Medical (continued)

Plan Benefits	Western Health Advantage
	HMO HDHP w/HSA Certificated Employees & Early Retirees
* See page 32 for setting up a HSA account through Health Equity.	
Substance Abuse	
• Inpatient Care	
– Inpatient Hospitalization	100% after calendar year deductible
– Inpatient Detoxification Services	100% after calendar year deductible
• Outpatient Care	
– Outpatient Services	100% after calendar year deductible
Prescription Drug Benefits	
• Prescription Drug Deductible	Subject to plan deductible
• Prescription Drug Annual Out-of-Pocket Limit/Individual	Will accrue to annual OOP Maximum
• Prescription Drug Annual Out-of-Pocket Limit/Family	Will accrue to annual OOP Maximum
– Generic	100% after calendar year deductible
– Preferred Generic	
– Preferred Specialty	
– Non-preferred Specialty	
– Brand (Formulary/Preferred)	\$30 copay after calendar year deductible
– Brand (Non-Formulary/Non-preferred)	\$50 copay after calendar year deductible
• Number of Days Supply	30 days
Mail Order	
• Mail Order Mandatory	N/A
– Generic	100% after calendar year deductible
– Preferred Generic	
– Preferred Specialty	
– Non-preferred Specialty	
– Brand (Formulary/Preferred)	\$75 copay after calendar year deductible
– Brand (Non-Formulary/Non-preferred)	\$125 copay after calendar year deductible
• Number of Days Supply for Mail Order	90 days
Other Services and Supplies	
• Durable Medical Equipment & Prosthetic Devices	100% after calendar year deductible
• Home Health Care	100% after calendar year deductible
• Skilled Nursing or Extended Care Facility	100% after calendar year deductible
• Hospice Care	100% after calendar year deductible
• Chiropractic Services	\$15 copay; 20 visits per calendar year
• Acupuncture	\$15 copay; 20 visits per calendar year
Hearing	
• Screening	100% after calendar year deductible
• Aid(s)	
Infertility	
• Diagnosis	See Plan Certificate
• Treatment	See Plan Certificate
Outpatient Rehabilitative Therapy Services	
• Physical	100% after calendar year deductible
• Occupational	100% after calendar year deductible
• Speech	100% after calendar year deductible

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Medical (continued)

Plan Benefits	United Healthcare	
	PPO – Plan BPFJ Certificated Employees & Early Retirees	
	In-network	Out-of-network
General Plan Information		
• Annual Deductible/Individual	\$400	\$400
• Annual Deductible/Family	\$800	\$800
• Coinsurance	10%	40%
• Office Visit/Exam	\$20 copay	40% after deductible
• Outpatient Specialist Visit	\$30 copay	40% after deductible
• Annual Out-of-Pocket Limit/Individual	\$2,000	\$4,000
• Annual Out-of-Pocket Limit/Family	\$4,000	\$8,000
Outpatient Services		
Preventive Services		
• Well-Child Care	No charge	40% after deductible
• Immunizations	No charge	40% after deductible
• Well Woman Exams	No charge	40% after deductible
• Mammograms	No charge	40% after deductible
• Adult Periodic Exams with Preventive Tests	No charge	40% after deductible
• Diagnostic X-Ray and Lab Tests	No charge; advanced imaging 10% after deductible	40% after deductible
Maternity Care		
• Pregnancy and Maternity Care (<i>Pre-Natal Care</i>)	No charge	40% after deductible
Inpatient Hospital Services		
• Inpatient Hospitalization	10% after deductible	40% after deductible
• Semi-Private Room & Board; Including Services and Supplies	10% after deductible	40% after deductible
Surgical Services		
• Outpatient Facility Charge	10% after deductible	40% after deductible, OON-limits apply
Emergency Services		
• Emergency Room	\$250 copay per visit	\$250 copay per visit
Ambulance		
• Ground	10% after deductible	10% after deductible
Urgent Care		
• Urgent Care Facility	\$50 copay	40% after deductible
Mental Health Benefits		
• Inpatient Care	10% after deductible	40% after deductible
• Outpatient Care	\$20 copay	40% after deductible
• Substance Abuse		
Inpatient Care		
• Inpatient Hospitalization	10% after deductible	40% after deductible
• Inpatient Detoxification Services	10% after deductible	40% after deductible
Outpatient Care		
• Outpatient Services	\$20 copay	40% after deductible

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Medical (continued)

Plan Benefits	United Healthcare	
	PPO – Plan BPFJ Certificated Employees & Early Retirees	
Prescription Drug Benefits		
• Prescription Drug Deductible	N/A	N/A
• Prescription Drug Annual Out-of-Pocket Limit/Individual	Will accrue to annual OOP Max	Will accrue to annual OOP Max
• Prescription Drug Annual Out-of-Pocket Limit/Family	Will accrue to annual OOP Max	Will accrue to annual OOP Max
• Generic	\$7 copay	\$7 copay
• Preferred Specialty	Matches Retail In-Network	Not covered
• Brand (Formulary/Preferred)	\$20 copay	\$20 copay
• Brand (Non-Formulary/Non-preferred)	\$35 copay	\$35 copay
• Number of Days Supply	31 days	31 days
Mail Order		
• Generic	\$0 copay	Not covered
• Brand (Formulary/Preferred)	\$40 copay	Not covered
• Brand (Non-Formulary/Non-preferred)	\$70 copay	Not covered
• Number of Days Supply for Mail Order	90 days	90 days
Other Services and Supplies		
• Durable Medical Equipment & Prosthetic Devices	10% after deductible	Not covered
• Home Health Care	10% after deductible	40% after deductible
• Skilled Nursing or Extended Care Facility	No charge after deductible	No charge after deductible
• Hospice Care	10% after deductible	40% after deductible
Outpatient Rehabilitative Therapy Services		
• Physical	\$20 copay	Not covered
• Occupational	\$20 copay	Not covered
• Speech	\$20 copay	Not covered

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Tools
myuhc.com
California

Choosing a network physician just got simpler.

Finding a doctor, specialist or facility couldn't be easier.
Just follow the steps below.

1 Go to **myuhc.com**®.

- Select **Find a Doctor**.
- Select **Medical Directory**.
- Select **All UnitedHealthcare Plans**.

2 Select your plan type.

UnitedHealthcare SignatureValue® or HMO plans.

- Select **SignatureValue Plans**.
- Select **Medical Directory**.
- Select the state in which you live.
- Select your network from the list provided.
- Enter your ZIP code or city and state.

UnitedHealthcare Navigate®, Select Plus or Core plans.

- Select **Navigate, Select Plus or Core**.
- Enter your ZIP code or city and state.
- Search by physician name, medical group, clinic, facility, specialty or condition.

3 Search by people or place.

To search by people:

Select between **Primary Care, Specialty Care** or **Medical Groups**.*

- For **Primary Care**: Select a type of **Primary Provider** (Family Doctor, Generalist, Internist, etc.).
- For **Specialty Care**: Select a type of **Specialist** (Acupuncturist, Allergist/Immunologist, etc.).
- For **Medical Groups**: Select your **Medical Group Name**.

To search by place:

Select between **Hospitals, Specialty Centers, Labs and Imaging*** or **Clinics**.*

- For **Hospitals**: Select the **Location**.
- For **Specialty Centers**: Select which type of **Specialty Center** (Birth Centers, Blood Banks, Community Clinics, etc.).
- For **Clinics**: Select between **Convenience Clinic** or **Urgent Care Clinic**.
- For **Labs and Imaging**: Select between **Imaging Centers** or **Lab Locations**.

Formal HMO product names.

Signature: UnitedHealthcare SignatureValue®

Advantage: UnitedHealthcare SignatureValue Advantage

Alliance: UnitedHealthcare SignatureValue Alliance

Focus: UnitedHealthcare SignatureValue Focus

Harmony: UnitedHealthcare SignatureValue Harmony

CONTINUED

* For Core/Select Plus/Navigate only.



Medical (continued)

Note:

- Members will need to select a primary care physician (PCP) at the time of enrollment. If you do not select a PCP during enrollment, a PCP in your geographic area who is accepting new patients will be assigned.
- Once a PCP has been selected, click on the **Enrollment Information** tab.

UnitedHealthcare

Doctor Smith, MD
Psychiatrist
★★★★★ 10 Reviews

OVERVIEW LOCATIONS EXPERTISE & TREATMENTS PATIENT REVIEWS **ENROLLMENT INFORMATION**

ENROLLMENT INFORMATION

Location	Availability	Medical Groups & IDs
1234 Main Street Anytown, US 12345 2.6 miles away	PCP Services Available Accepting New Patients	Medical Group A 1234567890 Medical Group B 0987654321
11111 1st Street Anytown, US 12345 4.5 miles away	PCP Services Available Accepting New Patients	1234567890
12345 Hwy 1 Anytown, US 12345 7.7 miles away	PCP Services Available Accepting New Patients	Medical Group C Medical Group D 0987654321

Under the **Enrollment Information** tab, you will find the Provider ID number. Please indicate the primary care physician's name and 10-digit ID number on your enrollment form.

UnitedHealthcare

Doctor Smith, MD
Psychiatrist
★★★★★ 10 Reviews

OVERVIEW LOCATIONS EXPERTISE & TREATMENTS PATIENT REVIEWS **ENROLLMENT INFORMATION**

ENROLLMENT INFORMATION

Location	Availability	Medical Groups & IDs
1234 Main Street Anytown, US 12345 2.6 miles away	PCP Services Available Accepting New Patients	Medical Group A 1234567890 Medical Group B 0987654321
11111 1st Street Anytown, US 12345 4.5 miles away	PCP Services Available Accepting New Patients	1234567890
12345 Hwy 1 Anytown, US 12345 7.7 miles away	PCP Services Available Accepting New Patients	Medical Group C Medical Group D 0987654321

Important: Some PCPs may have more than one ID number based on their medical group, location or hospital affiliation. Please be sure you select the ID number that aligns with the medical group, location and hospital of your choice.

Health plan coverage provided by or through UnitedHealthcare Insurance Company, UHC of California and UnitedHealthcare Benefits Plan of California. Administrative services provided by United Healthcare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC).

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Medical (continued)

Post 65 Retirees Only (Certificated)

Plan Benefits	Kaiser Permanente Senior Advantage HMO \$5
	Member Responsibility
Lifetime Maximum	Unlimited
Maximum Out of Pocket	\$1,500 Individual/\$3,000 Family
Preventive Services	
• Routine Physical	No charge
Physician/Diagnostic Services	
• Office Visits	\$5 copay
• Lab & X-ray & Diagnostic Test	No charge
Hospital Services	
• Semi-Private Room & Board	No charge
• Outpatient Surgery	\$5 copay
• Emergency Rooms (waived if admitted with 24 hours)	\$20 copay
• Urgent Care	\$5 copay
Other Services	
• Ambulance	No charge
• Durable Medical Equipment	No charge
Vision Services	\$175 allowance for each eyewear purchased at a Plan Medical Office
Prescription Drugs	
• Generic (Up to a 100-day supply)	\$5 copay
• Brand (Up to a 100-day supply)	\$10 copay

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Medical (continued)

Post 65 Retirees Only (Certificated)

Plan Benefits	HealthNet Seniority Plus
	Member Responsibility
Lifetime Maximum	Unlimited
Maximum Out of Pocket <i>(individual only)</i>	\$3,400
Preventive Services	
• Routine Physical	No charge
• Immunizations	No charge
Physician/Diagnostic Services	
• Office Visits	\$5 copay
• Lab & X-ray & Diagnostic Test	No charge
Hospital Services	
• Semi-Private Room & Board	No charge
• Outpatient Surgery	No charge
• Emergency Room <i>(waived if admitted)</i>	\$20 copay
• Urgent Care <i>(waived if admitted)</i>	\$20 copay
Other Services	
• Ambulance	No charge
• Vision Services <i>(Medicare only)</i>	\$5 copay Exam/ No charge Lenses/ No charge for Frames after each cataract surgery
• Durable Medical Equipment	No charge
Prescription Drugs	
• Retail Prescription <i>(Up to a 30-day Supply)</i>	\$7 copay
• Retail Prescription <i>(Up to a 90-day Supply)</i>	\$21 copay
• Mail Order <i>(Up to a 90-day Supply)</i>	\$14 copay
When Medicare Part D out-of-pocket costs exceed \$4,550 you pay higher of:	\$3.40 Generic / \$8.50 all other drugs or 5% coinsurance copay

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2022 CalPERS – HMO & PPO Basic Plans (Classified Only)

Region 1

The following pages include all of the plans offered by CalPERS. Please note that not all plans are available to Washington USD. Here is a list of the plans offered to the district:

HMO Plans

- Anthem Blue Cross Del Norte
- Anthem Blue Cross Select
- Anthem Blue Cross Traditional
- Blue Shield Access+
- Blue Shield Access+ EPO
- Blue Shield Trio
- Health Net SmartCare
- Kaiser Permanente
- United Healthcare SignatureValue Alliance
- Western Health Advantage

PPO Plans

- PERS Gold PPO
- PERS Platinum PPO



2022 CalPERS – EPO & HMO Basic Plans (Classified Only)

For more details about the benefits provided by a specific plan, refer to that plan's Evidence of Coverage (EOC) booklet.

Benefits	Anthem Blue Cross	Blue Shield	Health Net	Kaiser Permanente	Sharp Performance Plus	UnitedHealthcare SignatureValue	Western Health Advantage HMO
	Del Norte County EPO Select HMO Traditional HMO	Access+ HMO & Access+ EPO Trio HMO	Salud y Más HMO SmartCare HMO			Alliance HMO Harmony HMO	
Calendar Year Deductible							
• Individual	N/A	N/A	N/A	N/A	N/A	N/A	N/A
• Family	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Maximum Calendar Year Copay or Coinsurance <i>(excluding pharmacy)</i>							
• Individual	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)	\$1,500 (copay)
• Family	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)	\$3,000 (copay)
Hospital							
• Deductible <i>(per admission)</i>	N/A	N/A	N/A	N/A	N/A	N/A	N/A
• Inpatient	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
Surgical Services							
• Outpatient Facility Charge	No Charge	No Charge	No Charge	\$15	No Charge	No Charge	No Charge
Emergency Services							
• Emergency Room Copay	\$50	\$50	\$50	\$50	\$50	\$50	\$50
• Waived if Admitted	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Mental Health and Substance Abuse							
• Inpatient Visits	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
• Outpatient Visits	\$15	\$15	\$15	\$15	\$15	\$15	\$15
Physician Services							
• Office Visits <i>(copay for each service provided)</i>	\$15	\$15	\$15	\$15	\$15	\$15	\$15
• Preventive Services	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
• Urgent Care Services	\$15	\$15	\$15	\$15	\$15	\$15	\$15

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2022 CalPERS – EPO & HMO Basic Plans (Classified Only) (continued)

For more details about the benefits provided by a specific plan, refer to that plan's Evidence of Coverage (EOC) booklet.

Benefits	Anthem Blue Cross	Blue Shield	Health Net	Kaiser Permanente	Sharp Performance Plus	UnitedHealthcare SignatureValue	Western Health Advantage HMO
	Del Norte County EPO Select HMO Traditional HMO	Access+ HMO & Access+ EPO Trio HMO	Salud y Más HMO SmartCare HMO			Alliance HMO Harmony HMO	
Diagnostic X-Ray/Lab							
	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
Prescription Drugs							
• Prescription Drug Annual Out of Pocket Max – Individual	\$7,200 (in addition to Medical OOP limit)	\$7,200 (in addition to Medical OOP limit)	\$7,200 (in addition to Medical OOP limit)	\$7,200 (in addition to Medical OOP limit)	\$7,200 (in addition to Medical OOP limit)	\$7,200 (in addition to Medical OOP limit)	\$7,200 (in addition to Medical OOP limit)
• Prescription Drug Annual Out of Pocket Max – Family	\$14,400 (in addition to Medical OOP limit)	\$14,400 (in addition to Medical OOP limit)	\$14,400 (in addition to Medical OOP limit)	\$14,400 (in addition to Medical OOP limit)	\$14,400 (in addition to Medical OOP limit)	\$14,400 (in addition to Medical OOP limit)	\$14,400 (in addition to Medical OOP limit)
• Retail Pharmacy (not to exceed 30-day supply)	Generic: \$5 Brand Preferred: \$20 Non-Preferred: \$50	Generic/Tier 1 ¹ : \$5 Brand Preferred/Tier 2 ¹ : \$20 Non-Preferred/Tier 3 ¹ : \$50 Tier 4 ¹ : \$30	Generic: \$5 Brand Preferred: \$20 Non-Preferred: \$50	Generic: \$5 Brand: \$20	Generic: \$5 Brand Preferred: \$20 Non-Preferred: \$50	Generic: \$5 Brand Preferred: \$20 Non-Preferred: \$50	Generic: \$5 Brand Preferred: \$20 Non-Preferred: \$50
• Retail Preferred Pharmacy Maintenance Medications	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	Generic/Tier 1 ¹ : \$10 Brand Preferred/Tier 2 ¹ : \$40 Non-Preferred/Tier 3 ¹ : \$100 Tier 4 ¹ : \$60	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	N/A	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100
• Mail Order Pharmacy Program (not to exceed 90-day supply for maintenance drugs)	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	Generic/Tier 1 ¹ : \$10 Brand Preferred/Tier 2 ¹ : \$40 Non-Preferred/Tier 3 ¹ : \$100 Tier 4 ¹ : \$60	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	Generic: \$10 Brand: \$40 (31-100 day supply)	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100
• Mail order maximum copayment per person per calendar year	\$1,000	\$1,000	\$1,000	N/A	\$1,000	\$1,000	\$1,000
Durable Medical Equipment							

1 Tier formulary BSC Trio HMO only

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2022 CalPERS – EPO & HMO Basic Plans (Classified Only) (continued)

For more details about the benefits provided by a specific plan, refer to that plan's Evidence of Coverage (EOC) booklet.

Benefits	Anthem Blue Cross	Blue Shield	Health Net	Kaiser Permanente	Sharp Performance Plus	UnitedHealthcare SignatureValue	Western Health Advantage HMO
	Del Norte County EPO Select HMO Traditional HMO	Access+ HMO & Access+ EPO Trio HMO	Salud y Más HMO SmartCare HMO			Alliance HMO Harmony HMO	
	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
Infertility Testing/Treatment							
	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges
Occupational /Physical /Speech Therapy							
• Inpatient (hospital or skilled nursing facility)	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge	No Charge
• Outpatient (office and home visits)	\$15	\$15	\$15	\$15	\$15	\$15	\$15
Acupuncture							
	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)
Chiropractic							
	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)	\$15/visit (acupuncture/chiropractic; combined 20 visits per calendar year)

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2022 CalPERS – PPO Basic Plans (Classified Only)

For more details about the benefits provided by a specific plan, refer to that plan's Evidence of Coverage (EOC) booklet.

Benefits	PERS Gold		PERS Platinum		PORAC (Association Plan)	
	PPO	Non-PPO	PPO	Non-PPO	PPO	Non-PPO
Calendar Year Deductible						
• Individual	\$1,000	\$1,000	\$500	\$500	\$300	\$600
• Family	\$2,000	\$2,000	\$1,000	\$1,000	\$900	\$1,800
Maximum Calendar Year Copay or Coinsurance <i>(excluding pharmacy)</i>						
• Individual	\$3,000 <small>(coinsurance)</small>	Unlimited	\$2,000 <small>(coinsurance)</small>	Unlimited	\$2,000	Unlimited
• Family	\$6,000 <small>(coinsurance)</small>	Unlimited	\$4,000 <small>(coinsurance)</small>	Unlimited	\$4,000	Unlimited
Hospital						
• Deductible <i>(per admission)</i>	N/A	N/A	\$250	\$250	N/A	N/A
• Inpatient	20%	40% ²	10%	40%	20%	20%
Surgical Services						
• Outpatient Facility Charge	20%	40%	10%	40%	20%	20%
Emergency Services						
• Emergency Room Deductible <i>(copay waived if admitted as an inpatient or for observation as an outpatient)</i>	\$50 <small>(applies to hospital emergency room facility charge only)</small>		\$50 <small>(applies to hospital emergency room facility charge only)</small>		N/A	
• Emergency Services	20% <small>(applies to other services such as physician, x-ray, lab, etc.)</small>		10% <small>(applies to other services such as physician, x-ray, lab, etc.)</small>		20%	
Mental Health and Substance Abuse						
• Inpatient Visits	20%	40% ²	10%	40% ²	20%	20% ²
• Outpatient Visits	\$35	40% ²	\$20	40% ²	20%	20% ²
Physician Services						
• Office Visits <i>(copay for each service provided)</i>	\$35 ¹	40%	\$20 ²	40% ²	\$35 ¹	20% ²
• Preventive Services	No Charge	40% ²	No Charge	40% ²	No Charge	No Charge
• Urgent Care Services	\$35	40% ²	\$35	40% ²	\$35	20% ²

¹ Reduced to \$10 if enrolled with personal doctor.

² Of the allowable amount as defined in the EOC

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2022 CalPERS – PPO Basic Plans (Classified Only) (continued)

For more details about the benefits provided by a specific plan, refer to that plan's Evidence of Coverage (EOC) booklet.

Benefits	PERS Gold		PERS Platinum		PORAC (Association Plan)	
	PPO	Non-PPO	PPO	Non-PPO	PPO	Non-PPO
Diagnostic X-Ray/Lab						
	20%	40% ¹	10%	40% ¹	20%	20% ¹
Prescription Drugs						
• Prescription Drug Annual Out of Pocket Max – Individual	\$2,000 <small>(in addition to Medical OOP limit)</small>	Unlimited	\$2,000 <small>(in addition to Medical OOP limit)</small>	Unlimited	\$2,000 <small>(in addition to Medical OOP limit)</small>	Unlimited
• Prescription Drug Annual Out of Pocket Max – Family	\$4,000 <small>(in addition to Medical OOP limit)</small>	Unlimited	\$4,000 <small>(in addition to Medical OOP limit)</small>	Unlimited	\$4,000 <small>(in addition to Medical OOP limit)</small>	Unlimited
• Retail Pharmacy <i>(not to exceed 30-day supply)</i>	Generic: \$5 Brand Preferred: \$20 Non-Preferred: \$50		Generic: \$5 Brand Preferred: \$20 Non-Preferred: \$50		Generic: \$10 Brand Preferred: \$25 Non-Preferred: \$45 Compound: \$45	
• Retail Participating Pharmacy Maintenance Medications	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100		Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100		N/A	
• Mail Order Pharmacy Program <i>(not to exceed 90-day supply for maintenance drugs)</i>	Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100		Generic: \$10 Brand Preferred: \$40 Non-Preferred: \$100		Generic: \$20 Brand Preferred: \$40 Non-Preferred: \$75	N/A
• Specialty Mail copayment limit per person per calendar year	\$1,000		\$1,000		N/A	
Durable Medical Equipment						
	20%	40% ¹	10%	40% ¹	20% ¹	
	(pre-certification required for equipment)		(pre-certification required for equipment)			
Infertility Testing/Treatment						
	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges	50% of Covered Charges

¹ Of the allowable amount as defined in the EOC

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2022 CalPERS – PPO Basic Plans (Classified Only) (continued)

For more details about the benefits provided by a specific plan, refer to that plan's Evidence of Coverage (EOC) booklet.

Benefits	PERS Gold		PERS Platinum		PORAC (Association Plan)	
	PPO	Non-PPO	PPO	Non-PPO	PPO	Non-PPO
Occupational / Physical / Speech Therapy						
• Inpatient (hospital or skilled nursing facility)	No Charge		No Charge		20% (no copay for inpatient PT/OT by a PAR provider)	20% ¹
• Outpatient (office and home visits)	20%	40% (Occupational 20%)	10%	40% (Occupational 20%)	\$15	20% ¹
	(Pre-certification required for more than 24 visits)		(Pre-certification required for more than 24 visits)		(Pre-certification required for more than 20 visits; Chiropractic, Physical & Occupational therapy combined)	
Speech Therapy						
• Inpatient (hospital or skilled nursing facility)	20%	20%	10%	10%	20%	20% ¹
• Outpatient (office and home visits)	20%	40%	10%	40%	20%	20% ¹
	(Pre-certification required for more than 24 visits)		(Pre-certification required for more than 24 visits)			
Acupuncture						
• Office Visit	\$15	40% ¹	\$15	40% ¹	\$15	20% ¹
	(acupuncture/chiropractic combined 20 visits per calendar year)		(acupuncture/chiropractic; combined 20 visits per calendar year)			
Chiropractic						
• Office Visit	\$15	40% ¹	\$15	40% ¹	\$15	20% ¹
	(acupuncture/chiropractic combined 20 visits per calendar year)		(acupuncture/chiropractic; combined 20 visits per calendar year)		(Pre-certification required for more than 20 visits; combined w/Physical & Occupational Therapy)	

¹ Of the allowable amount as defined in the EOC

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Dental

Delta Dental pays 70% for Diagnostic, Preventive, Basic, Crowns, Inlays, Onlays, and Cast Restoration benefits during the first calendar year of your eligibility. The coinsurance increases 10% each year you visit a dentist until you reach 100%. If you do not visit the dentist and the plan is not used, the coinsurance will not increase. The coinsurance will drop back to 70% if you lose eligibility and then become eligible again.

Benefits	Delta Dental	
	Member Responsibility	
	PPO	Non-PPO
Deductible	None	None
Per Calendar Year Maximum	\$1,700	\$1,500
Diagnostic & Preventive Services		
<ul style="list-style-type: none"> Oral examinations, cleanings, X-rays, examinations of tissue biopsy, fluoride treatment, space maintainers, and specialist consultations 	70% - 100%	70% - 100%
Basic Services		
<ul style="list-style-type: none"> Oral surgery (extractions), fillings, root canals, periodontic (gum) treatment, tissue removal (biopsy), and sealants 	70% - 100%	70% - 100%
Major Services		
<ul style="list-style-type: none"> Crowns, jackets and other cast restorations 	70% - 100%	70% - 100%
<ul style="list-style-type: none"> Prosthodontic Benefits: Bridges, partial and full Dentures and Implants 	50%	50%
<ul style="list-style-type: none"> Dental Accident Benefits: \$1,000 Max Per Calendar Year 	100%	100%
Orthodontics	Not Covered	Not Covered



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Vision

Benefits	Superior Vision Base Plan	
	In-Network	Out-of-Network
Exam copay	\$0	
Materials copay	\$0	
Contact Lens Fitting	\$30	
Services/Frequency		
Exam	12 Months	
Frames	24 Months	
Contact Lens Fitting	12 Months	
Lenses	24 Months	
Contact Lenses	24 Months	
Exams		
• Vision Exam (MD)	Covered in full	Up to \$40
• Vision Exam (OD)	Covered in full	Up to \$30
Lenses		
• Single	Covered in full	Up to \$32
• Bifocal	Covered in full	Up to \$42
• Trifocal	Covered in full	Up to \$58
• Polycarbonate for Dept. Children	Covered in full	Not Covered
Frames		
• Frames	\$100 retail allowance then 20% off remaining balance	Up to \$48
Contacts		
• Necessary & in lieu of glasses	\$100 retail allowance	Up to \$80
• Disposable Contact Lenses	10% off retail cost	10% off retail cost

Discount Features:

Superior Vision has a nationwide network of refractive surgeons and leading LASIK networks who offer members a discount. These discounts range from 15%-50%.

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Vision (continued)

Benefits	Superior Vision Buy-Up Plan	
	In-Network	Out-of-Network
Exam copay		\$0
Materials copay		\$0
Contact Lens Fitting		\$30
Services/Frequency		
Exam		12 Months
Frames		12 Months
Contact Lens Fitting		12 Months
Lenses		12 Months
Contact Lenses		12 Months
Exams		
• Vision Exam (MD)	Covered in full	Up to \$40
• Vision Exam (OD)	Covered in full	Up to \$30
Lenses		
• Single	Covered in full	Up to \$32
• Bifocal	Covered in full	Up to \$42
• Trifocal	Covered in full	Up to \$58
• Polycarbonate for Dept. Children	Covered in full	Not Covered
Frames		
• Frames	\$150 retail allowance then 20% off remaining balance	Up to \$72
Contacts		
• Necessary & in lieu of glasses	\$130 retail allowance	Up to \$100
• Disposable Contact Lenses	10% off retail cost	10% off retail cost

Discount Features:

Superior Vision has a nationwide network of refractive surgeons and leading LASIK networks who offer members a discount. These discounts range from 15%-50%.

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Kaiser HSA for HDHP



2022

EDUCATION & ENROLLMENT PACKET

A health savings account (HSA) is a tax-advantaged checking account that gives you the ability to save for future medical expenses or pay current ones. It is individually owned; however, you may elect to designate an authorized signer who may also withdraw funds and be issued a debit card.

HSA Eligibility

To be eligible to make deposits to an HSA, the account holder:

- Must be currently enrolled in an HSA-qualified health plan
- May not be enrolled in any other non-HSA qualified health plan
- May not have, or be eligible to use, a general purpose flexible spending account (FSA)
- Cannot be claimed as a dependent on another person's tax return
- May not be enrolled in Medicare, Medicaid or Tricare
- Must not have used VA medical benefits in the past three months, with the exception of preventative services or treatment for a service-connected disability

Contributions to your HSA

The annual maximum allowable contributions to an HSA, as established by the IRS, for 2022 are **\$3,650: Individual** and **\$7,300: Family**.

Individuals 55 and older can make an additional catch-up contribution of \$1,000 in 2022. A married couple can make two catch-up contributions if both spouses are eligible. The spouses must deposit the catch-up contributions into separate accounts.

The annual maximum contribution is based on a calendar year and there is no limit to the dollar balance that can build in the account over time. Contributions can come from:

- Employee pre-tax payroll withholding
- Employer contributions (non-taxable income)
- Individual contributions from account owner or other individual (tax-deductible for account holder)
- IRA or Roth IRA rollover

Distributions from your HSA

- You, or an authorized signer, can make withdrawals (or distributions) for qualified expenses.
- Distributions from your HSA can be made by check, debit card, ATM, online transfer or bill payment or by in-person request.
- Distributions for qualified medical expenses are tax free.
- Distributions made for anything other than qualified medical expenses are subject to IRS tax plus a 20% penalty. The penalty is waived if the account owner is 65 or older, or due to death or disability.
- Qualified medical expenses for your spouse and your tax dependents may be paid from your HSA, even if those individuals are not covered under your high-deductible health plan (HDHP).
- You're responsible for keeping receipts for all distributions from your HSA. The bank does not monitor how the funds are spent.

ADVANTAGES OF AN HSA

Portability | Keep 100% of the deposited funds with you when you retire or change employers. You are the account owner.

Flexibility | You can choose whether to spend the money on current medical expenses, or you can save your money for future use. Unused funds remain in the account from year to year and there is no "use it or lose it" provision.

Tax Savings | Contributions are tax free (pre-tax through payroll deductions or tax deductible). Earnings are tax free. Funds withdrawn for eligible medical expenses are tax free.

Premium Savings | An HSA-qualified insurance plan tends to be less expensive than a traditional insurance plan.

Kaiser HSA for HDHP (continued)

Allowable Expenses

To be a qualified medical expense, the expense has to be primarily for the diagnosis, cure, mitigation, treatment or prevention of disease. It must be to alleviate or prevent a physical or mental defect or illness. These expenses may or may not apply to your insurance deductible depending on the coverage provided by your medical plan.

Vision and dental expenses, such as glasses, contact lenses, eye exams, dental cleanings and orthodontia are all allowable expenses from your HSA. Medical supplies and over-the-counter medications such as Band-Aids, crutches, test strips, aspirin, allergy medicines and even contact solution are allowable.

Insurance premiums are allowable *only under the following circumstances*: while receiving federal or state unemployment benefits, COBRA premiums, qualified long-term care insurance premiums and Medicare and other health care premiums after age 65 (with the exception of Medicare supplement policies such as Medigap).

EXAMPLES OF ALLOWABLE EXPENSES (RECENT CHANGES IN BOLD):

- Acupuncture
- Alcoholism Treatment
- Ambulance
- Bandages
- Birth Control Pills
- Breast Reconstruction
- Car Hand Controls (for disability)
- Chiropractors
- Christian Science Practitioners
- Contact Lenses
- Crutches
- Dental Treatment
- Dermatologist
- Diagnostic Devices
- Disabled Dependent Care Expenses
- Drug Addiction Treatment (inpatient)
- Eyeglasses
- Fertility Enhancement
- Guide Dog
- Gynecologist
- Hearing Aids
- Home Care
- Hospital Services
- Laboratory Fees
- LASIK Surgery
- Lodging (for out-patient treatment)
- Long-Term Care
- Meals (associated with receiving treatments)
- Medicare Deductibles
- **Menstrual and Feminine Hygiene Products¹**
- Nursing Care
- Nursing Homes
- Obstetrician
- Operations
- Ophthalmologist
- Optician
- Optometrist
- Organ Transplant (including donor's expenses)
- Orthodontia
- Orthopedist
- **Over-the-Counter Medications¹**
- Oxygen and Equipment
- Pediatrician
- Personal Care Services (chronically ill)
- Podiatrist
- **PPE: Masks, Hand Sanitizer and Sanitizing Wipes²**
- Prenatal Care
- Prescription Drugs
- Prescription Medicines
- Prosthesis
- Psychiatric Care
- Qualified Long-Term Care Services
- Smoking Cessation Programs
- Surgeon/Surgical Room Costs
- Therapy
- Transportation Expenses for Health Care Treatment
- Vaccines
- Vitamins (if prescribed)
- Weight Loss Programs (certain expenses if diagnosed by physician)
- Wheelchair
- Wig (for hair loss from disease)
- X-Rays

Non-Allowable Expenses

Insurance premiums are not eligible expenses (exceptions listed above).

Costs associated with non-medically necessary treatments are not eligible. This includes cosmetic surgery and items meant to improve one's general health (but which are not due to a specific injury, illness or disease) such as health club dues, gym memberships, vitamins and nutritional supplements.

EXAMPLES OF NON-ALLOWABLE EXPENSES:

- Advance Payment for Future Medical Expenses
- Automobile Insurance Premium
- Baby-sitting (healthy children)
- Commuting Expenses for the Disabled
- Controlled Substances
- Cosmetics and Hygiene Products
- Diaper Service
- Domestic Help
- Electrolysis (hair removal)
- Funeral Expenses
- Hair Transplant
- Health Club/Gym Memberships
- Household Help
- Illegal Operations and Treatments
- Illegally Procured Drugs
- Maternity Clothes
- Nutritional Supplements
- Premiums for Accident Insurance
- Premiums for HSA Qualified Health Plan (prior to age 65)
- Premiums for Life or Disability Insurance
- Scientology Counseling
- Teeth Whitening
- Travel for General Health Improvement
- Tuition in a Particular School for Problem

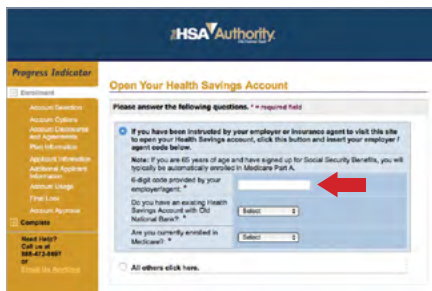
¹Per CARES ACT—No prescription needed. Effective 1/1/20.

²For the primary purpose of preventing the spread of COVID-19. Effective 1/1/20.

Kaiser HSA for HDHP (continued)



OPENING YOUR HSA ONLINE



If you already have an open HSA with The HSA Authority at Old National Bank, you do not need to complete the account opening process again.

Required Information

- Unexpired government-issued ID for account holder and authorized signer, if elected. This can be a driver's license, state-issued ID, passport or military ID.
- Date of birth for your beneficiaries.
- Social security number and date of birth for authorized signer, if elected.

How to Open Your Account

1. Go to **theHSAauthority.com**. Click **Open an HSA**.
2. The internet browser notice will appear. Click **Proceed to Application**.
3. Select the option **If you have been instructed by your employer...** When prompted, enter your six-digit employer code listed below. If you are not with an employer group, select **All others click here**.
4. Click **Continue** and complete enrollment. Submit the application and you'll receive a confirmation number.
5. A welcome letter will arrive in the mail within 10 business days of your application and should be retained for your records.
6. If you requested a debit card, it will be mailed separately. If checks are requested, the order is held and processed after your balance reaches \$25.00.

Online Banking & eStatements

Your welcome letter contains your new HSA number along with instructions for accessing the Old National Bank online banking site and telephone banking system. To avoid the paper statement fee, be sure to follow the instructions in the welcome letter to elect eStatements. If you'd like assistance using these services, please call our Client Care Center toll-free at 888-472-8697.

EMPLOYER NAME

Washington USD

EMPLOYER CODE

160749

Kaiser HSA for HDHP (continued)



WEBSITE FEATURES

Visit theHSAauthority.com for helpful tools and information.

Tools

Under **Resources/Tools**, find:

- **HSA Videos & Articles** to address specific aspects of owning and managing your HSA.
- **Investment Tutorials** to demonstrate how to navigate the HSA Investment website.
- **Calculators** to allow comparison between a high-deductible plan with an HSA to a traditional plan and calculate the future value of an HSA.
- **Digital Services** to access, manage and use your HSA when convenient for you.

Client Library

Under **Resources/Client Library**, find:

- **Forms** for making changes to your account, such as: Address Change Form, Additional Authorized Signer Form, Beneficiary Change Form, Name Change Form, HSA Transfer Form and more. Many update requests can be submitted electronically through online banking.
- **Documents** such as informational flyers including HSAs and Medicare, HSAs and Retirement and many others.

Savings

Under **Resources/Savings**, find:

- **The HSA Store**, a resource to help you save on the purchase of products covered by your HSA funds.
- **HSA Store Eligibility** to ensure your purchase complies with IRS regulations.

HSA to HSA Transfers

If you have an HSA balance at another institution you would like to transfer:

- Open your HSA Checking account first and wait until you receive the welcome letter in the mail with your new account number.
- Complete and submit our HSA Transfer Form—located in the **Client Library** on our website.

HSA Investments

Visit our website at theHSAauthority.com.

Find **Individual/Employee Products** then click on **Investment Services** from the navigation menu. Information includes an Investment Options List, FAQs and Enrollment Form. HSA Checking must be opened first before enrolling in HSA Investments.

Features:

- A variety of mutual funds available from which to choose
- Easy to use and comprehensive investment website
- Annual fee of \$36
- No investment load or trade costs (*Short term redemption fee may apply to some funds if selected*)

IMPORTANT INFORMATION: Self-directed investments are the sole responsibility of the account-owner. Carefully weigh the advantages and disadvantages of investing your HSA funds before doing so. Investment products are not FDIC insured; may lose value and are not a deposit account. Investment accounts are not obligations of Old National Bank or Devenir, are not guaranteed, and not insured by any federal government agency.

888-472-8697 | theHSAauthority.com

HSA80 0821-026 Member FDIC

Kaiser HSA for HDHP (continued)

HSAs at Tax Time

- You'll receive **Form 1099 SA** for your distribution total and **Form 5498 SA** for your contribution total for the previous year. These figures are reported to the IRS and you are required to report them on **IRS Form 8889** when filing your federal taxes. See IRS Publication 969 or consult your tax advisor for further information.
- You may make contributions to your HSA for the previous calendar year up to the tax filing deadline, which is normally April 15. If you make prior year deposits, you will receive an **updated Form 5498 SA** in May with your complete contribution total to keep with your tax records.

Prior Year Deposits: Prior year contributions should be clearly communicated to bank personnel. If mailing a deposit, be sure to note it is for the prior year. Deposits made at an ATM machine, remote deposit using a mobile phone, electronic transfers made using any method or those that are not specifically communicated to bank personnel will automatically be processed as a current year contribution.

Insurance Coverage Changes

- If you start an HSA-qualified health plan mid-year, you may contribute the full annual maximum to your HSA. However, a testing rule applies to those that start an HDHP any time other than January 1. Per the IRS, you must remain an HSA-eligible individual through December 31 of the next calendar year. If you're not sure you'll remain on the plan, you may want to pro-rate your contribution amount in order to avoid having the excess added to your gross income and an additional 10% tax on that amount.
- If your insurance coverage changes from individual to family mid-year, you're eligible for the full family contribution limit for that calendar year.
- If your insurance coverage changes from family to individual mid-year, your contribution limit will need to be pro-rated according to how many months you were on each type of insurance coverage.

Options for Paying Yourself Back from Your HSA

FOR QUALIFIED MEDICAL EXPENSES PAID WITH NON-HSA FUNDS

1. Use free **Online Bill Pay** to request a check be sent to you.
2. Use free **Online Account to Account Transfer** to transfer funds between accounts at other financial institutions and your HSA.
3. **Write an HSA check** to yourself.
4. **Visit an Old National Bank Branch or ATM** to make a withdrawal. There is no fee for withdrawals at an ONB Branch or ATM. See our Branch/ATM locator feature at theHSAauthority.com.¹
5. Complete and submit a **Withdrawal Authorization Form** found under **Forms** at theHSAauthority.com or through online banking.

¹Foreign ATM fees may apply



Once you've opened your account, you'll receive your debit card in the mail.

Enhanced card benefits¹ include:

- NEW Contactless Pay for quick and safe Tap & Go[®] shopping
- Improved Card Security with Card Controls and Automated Fraud Monitoring, and more!

¹Certain restrictions, exclusions and limitations apply. For complete details, see the Mastercard Guide to Benefits that will be provided with your new card.

What If...

You receive a medical bill or are paying for a prescription at the pharmacy and you want to use funds from your HSA.

Pay using your HSA debit card, HSA checks or through online bill pay.

You're at the pharmacy and realize you don't have your HSA debit card, checks, or you don't have enough funds in your Health Savings Account.

Pay for the purchase with personal funds and later reimburse yourself using one of the "Options for Paying Yourself Back from Your HSA" listed at left.

You're faced with a medical emergency and do not have enough in your HSA to cover your portion of the hospital bill.

OPTION 1: Ask provider to set up a payment plan. As funds are deposited into your HSA make payments to the provider using your HSA debit card, online bill pay or checks.

OPTION 2: Pay with another personal checking account, savings account or credit card. Reimburse yourself as funds accumulate in your HSA. Many providers will agree to offer a discount for paying the bill in full.

You're required to pay for treatment at the time of service. Later you receive a reimbursement check from the provider.

OPTION 1: Cash the check and pay for other eligible medical expenses and save those receipts.

OPTION 2: Mail the check to Old National Bank for deposit to your HSA noting it is a REIMBURSEMENT DEPOSIT.

You purchase groceries and a prescription. How should you handle the transaction?

OPTION 1: Pay for the groceries separately and use your HSA debit card or checks for the prescription only.

OPTION 2: Pay for everything with non-HSA funds and later reimburse yourself for the medical portion.

Kaiser HSA for HDHP (continued)



PRODUCT FEATURES

Enrollment Fee	Free online enrollment
Minimum Opening Balance	None
Annual Fee	None
Service Charge	No monthly service charge
Statement Options	Free online statements; nominal charge for paper statements
Interest Rates	Interest rates may vary based on account balance; rates subject to change; for current rates, call our Client Care Center at 888-472-8697
Annual IRS Reporting and Updates	5498-SA (contributions), 1099-SA (distributions) and adjustments for prior year contributions
24/7 Automated Telephone Banking	Toll-free number 800-731-2265
Deposit Processing	Automatic deposit, mail in service or in-person at any Old National location
Mobile App	Access your HSA with The HSA Authority through the Old National App available on the App Store, Google Play or Amazon Appstore. Free access to balance, account activity, Bill Pay and Mobile Deposit. ²
Online Banking	Free access to view statements, account activity, balance, and front and back of paid checks
Online Account to Account Transfer	Free access to transfer funds between accounts at other financial institutions and your HSA
Online Bill Pay	Free access to pay bills online through online banking
Debit Card	Free debit cards for account owner and authorized signer
ATM Access	Free ATM withdrawals at any Old National ATM; fees will apply for ATM withdrawals at non-Old National ATMs; refer to bank fee schedule
Check Fees	No per-check fees; see HSA Debit Card/Check Request Form for current printing fee per order of 30 checks
Certificate of Deposit Options	Available; call Client Care at 888-472-8697 for current rates and terms; FDIC insured
Investment Options¹	Available; call Client Care at 888-472-8697 for more information; \$36 Annual Fee
Bank Service fees (overdraft, stop pay, etc.)	Call Client Care at 888-472-8697 for details

For account opening instructions, see insert or visit our website at theHSAauthority.com.

Address: The HSA Authority, Attention: HSA Operations, PO Box 3606, Evansville, IN 47735

Email: info@theHSAauthority.com

Phone: 888-472-8697 | Monday-Friday and Saturday morning

¹ Not FDIC Insured	No Bank Guarantee	May Lose Value	Not a Deposit	Not Insured by any Federal Government Agency
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² There are no Old National fees to use Mobile Banking; however, there may be charges associated with data usage on your phone. Check with your wireless carrier for more information. Not all accounts or customers are eligible for Mobile Deposit. Deposits subject to verification and may not be available for immediate withdrawal. See Terms in App for deposit limits and other restrictions.

888-472-8697 | theHSAauthority.com

HSA80 0821-026 Member FDIC

WHA HSA for HDHP

Health Equity is the Western Health Advantage HSA Vendor for Washington USD.

Contact Employer Services:

- 24 hrs. per day / 7 days a week
- 877.300.4987
- memberservices@healthequity.com

Also included are some helpful links for both the Employer and Employees below:

Breakdown of the fees:

- Members have no charge for electronic statements if they register online.
- Paper Statements are \$1.00 per month
- Hard Copy Checks are \$2.00 per check
- **If Members sign up for EFT for reimbursements** – there is no charge.
- If members leave, they are subject then to a monthly admin fee of \$3.95.

Additional helpful links:

For Employee Education:

<https://learn.healthequity.com/wha/hsa/>

- Employee education site, videos, collaterals, tutorials, calculators, etc.
- E-member guide
- Investments and tools
- Investment guide
- Employee level HSA mechanics webinar series
- Capability enhancements
- Custom plan cost estimators are free

Basic Life & AD&D

Lincoln Financial Group

As an eligible employee with WUSD you are provided employer paid Life and Accidental Death & Dismemberment (AD&D) insurance. All eligible employees are automatically enrolled in Life/AD&D plans.

Employee Basic Life Insurance

- Benefit amount of \$10,000
- Guaranteed Issue amount \$10,000
- 100% paid by WUSD

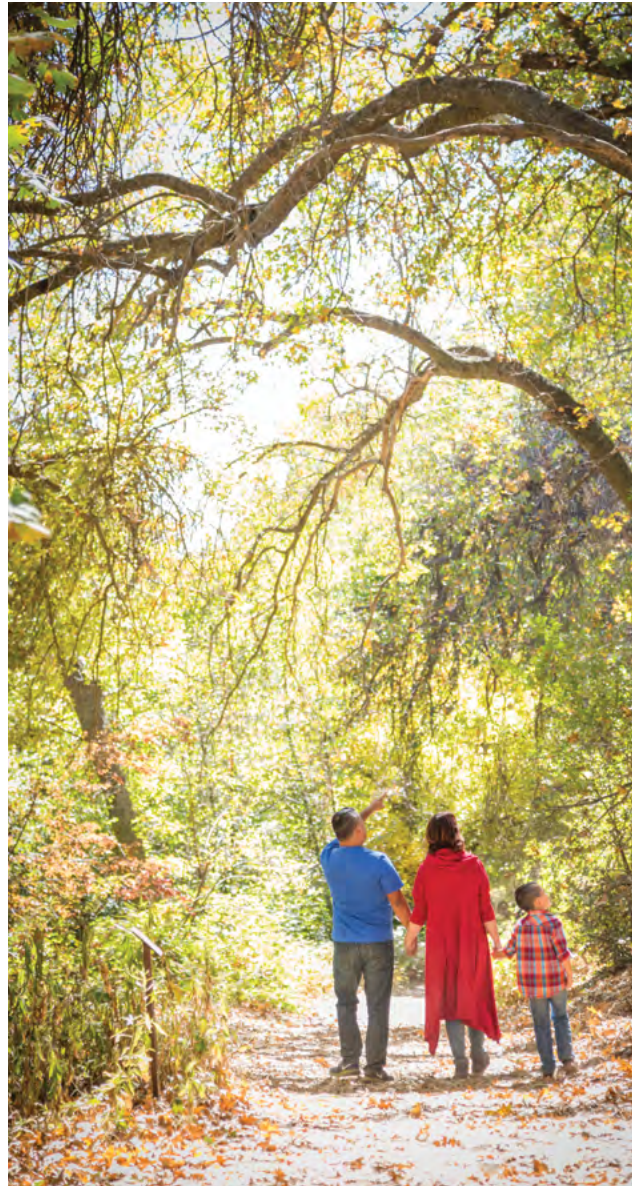
Accidental Death and Dismemberment (AD&D)

- Benefit amount of \$10,000
- Guaranteed Issue amount \$10,000
- 100% paid by WUSD

In addition to death benefit, AD&D coverage provides specified benefits for a covered accidental bodily injury that directly causes dismemberment.

In the event of death that occurs from a covered accident—both Life and AD&D benefits would be payable.

Please refer to the Lincoln Financial Group Life Insurance documents for complete plan descriptions.



REMINDER:

Don't forget to update your beneficiary information!

The information described on this page is only intended to be a summary of benefits. It does not describe or include all benefit provisions, limitations, exclusions, or qualifications for coverage. Please review plan documents for full details. If there are any conflicts with information provided on this page, the plan documents will prevail.

Employee Assistance Program

Lincoln Financial Group

All benefit eligible employees with WUSD are provided with an employer paid Employee Assistance Plan (EAP) through Lincoln. All eligible employees are automatically enrolled in this coverage.

Life is full of challenges and sometimes balancing it is difficult. The EAP is there when you need it. Lincoln offers the appropriate assistance for a wide range of issues and provides referrals to professional counselors or services that can help you resolve emotional health, family and work issues. Everything is kept completely confidential.

All members of your household can utilize the benefits of this program.

Telephonic and online support services:

- Toll-free access 24/7 to a master's level intake, providing access and triage
 - Counseling, legal, financial, work-life and/or convenience services
 - Crisis intervention support
- Access to password protected interactive online websites
 - Includes information on a wide range of topics, helpful tools, assessments, and the ability to confidentially email issues to a Ask a Guidance Consultant

Counseling Services:

- Six face-to-face sessions per person, per issue/year
- Local, in-person EAP assessment, referral, and counseling
- Community resource referrals to supplement EAP counseling, such as support meetings and sliding scale resources
- Matching employees with a network provider based on individual preference

Legal Services:

- Unlimited telephonic support for information from an attorney and unlimited referrals
- One free 30-minute consultation with a network attorney over the phone or in person
- Discount of 25% off of published fees when in-person representation is necessary

Financial Services:

- Unlimited telephonic support by a financial expert for budgeting and other common financial issues
- Unlimited referrals to a network of financial experts

Work-Life Services:

- Unlimited telephonic support for customized research
- Tailored educational materials
- Referrals for childcare, adoption, and eldercare; additional referrals available for personal convenience, education, and pet care
 - Resource and information research available on a wide range of topics

Online Member Services | www.guidanceresources.com | Company code: Lincoln

Toll Free Call | 1.855.327.4463

Available 24/7

BenefitBridge

BenefitBridge

BenefitBridge is a web-based portal that is available year-round not just at open enrollment.

Here's what you can do on BenefitBridge:

- View Current Plan Year Benefits
- Compare Plan Options
- Enroll in Benefits
- **Colonial Supplemental Benefits now offered in BenefitBridge!**
Follow this link for plan descriptions, informative videos, and sample pricing:
<https://www.buildingblocksforbusiness.com/colonial/>
- Add or Remove Dependents/Beneficiaries
- Message Center
- Update My Account Info
- Available 24/7 via the Internet
- **Resource Center:** Health Insurance Basics, Medicare, Glossary, Media Resources

Colonial Life Supplemental Benefits are now offered in BenefitBridge!

Click each of the following product names for plan descriptions, informative videos, and sample pricing:

- **Accident Insurance** – helps offset the unexpected medical expenses, such as emergency room fees, deductibles and copayments, that can result from a covered accident.
- **Cancer Insurance** – helps offset the out-of-pocket medical and indirect non-medical expenses related to cancer diagnosis and treatment.
- **Hospital Confinement Indemnity Insurance** – helps with the rising costs associated with a covered hospital confinement or covered outpatient surgery such as deductibles and copayments.
- **WellCard Savings** – Schedule your appointment with a Benefits Advisor and get discounts for your entire Family!

BenefitBridge (continued)

Washington Unified School District Online Benefits Enrollment is easy with BenefitBridge!



Need Help?

For assistance with enrollment related to your benefits, please contact Building Blocks at 775.382.1287 to schedule a one-on-one session where a Benefit Advisor can assist with your enrollment and answer questions regarding your benefits, Mon - Fri, 8:00 AM - 5:00 PM, PST. You may also request a personal appointment here: <https://washingtonusdbb4b.youcanbook.me>.

For BenefitBridge technical assistance only, please contact BenefitBridge Customer Care at 800. 814.1862; Mon - Fri, 8:00 AM - 5:00 PM PST or email benefitbridge@keenan.com.

Here's what you can do on BenefitBridge:

- View Current Plan Year Benefits
- Compare Plan Options
- Enroll in Benefit
- Colonial Supplemental Benefits now offered in BenefitBridge!
- Click [here](#) for plan descriptions, sample rates, and more information regarding the Colonial Life Plans!
- Resource Center: Health Insurance Basics, Medicare, Glossary, Media Resources
- Add or Remove Dependents/Beneficiaries
- Message Center
- Update My Account Info
- Available 24/7 via the Internet

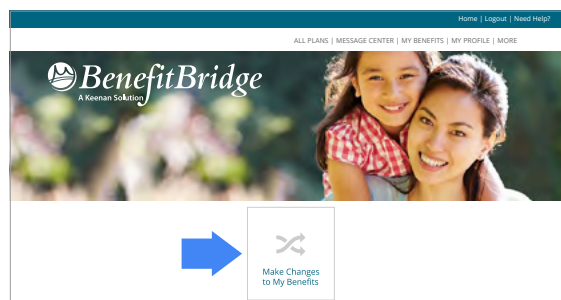
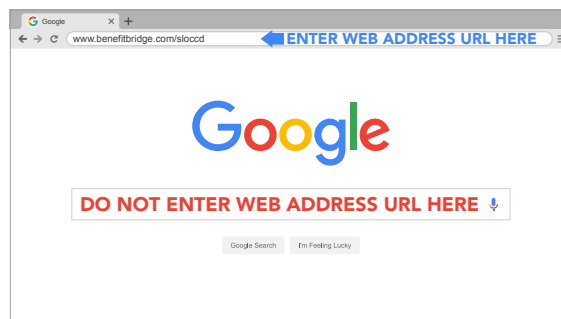
Registration and Login

Already have login credentials?

1. Login to **BenefitBridge** at www.benefitbridge.com/washington
2. Forgot your Username or Password? Click on **"Forgot Username/Password?"**

Need to create login credentials?

1. In the **address bar**, type www.benefitbridge.com/washington (**Not in the Google, Yahoo, Bing, etc. search engine field**)
2. Click the **Enter** key, then follow the instructions below to register:
 - **STEP 1:**
Select **"Register"** to **Create an Account**
 - **STEP 2:**
Create a **Username** and **Password**
 - **STEP 3:**
Select **"Continue"** to access **BenefitBridge**



Enrolling in Benefits

Access your enrollment via the **"Make Changes to My Benefits"** button

Call Building Blocks at

775.382.1287

for live Agent Assistance for all Benefits!

Building Blocks - Colonial Life

Washington USD 2022 Open Enrollment



A Building Blocks Benefit Advisor will assist you with your enrollment via a Screen Share Enrollment Session which requires access to a computer and internet.



Receive membership to the WellCard Savings Program!

After completing your enrollment session with a Building Blocks Benefit Advisor, you will receive your membership login information to the WellCard Savings Program!

You and your family will have access to receive discounts on Medical, Pharmacy, Vision & Dental Care, Health & Wellness, Pet Discounts, and more!



The Following Benefits are Now Available!



Accident

For a covered accident, policyholders receive cash benefits for use as they see fit.



Cancer

The cancer plan is designed to pay cash benefits that can be used to help offset cancer-related expenses.



Critical Illness

Helps with medical expenses related to a covered serious health event.



Medical Bridge/Hospital Confinement

Pays cash amounts to help with the non-covered expenses of a hospital stay.



*All benefits with this symbol have
Guaranteed Issue available for New Enrollees!*

Contact a Building Blocks representative to schedule your enrollment session today!

Go to: <https://washingtonusdbb4b.youcanbook.me>



Call: 775-382-1287

Email: scheduling@bbforb.com

Flexible Spending Accounts (FSA)

Navia Benefit Solutions FSA

All eligible full-time employees have the option of participating in our Navia Flexible Spending Accounts for medical and dependent care reimbursement. Flexible spending accounts, under Section 125 of the Internal Revenue Service, allow employees to set aside pre-tax dollars to pay for out-of-pocket, eligible health care and dependent care expenses, as well as your contributions for dependent medical, dental, and vision premiums.

Health Care

Your health care account may not exceed \$2,750 each plan year per household.

Flexible Spending Accounts utilize the "Use it or Lose It" rule, which means all medical services for reimbursement must occur between January 1, 2022 and December 31, 2022.

Dependent Care

Your dependent care account may not exceed \$5,000 each calendar year per household (\$2,500 if married and filing separately).

All Dependent Day Care expenses must be incurred between January 1, 2022 and December 31, 2022.

"Use-It-or-Lose-It" Rule

All claims MUST be submitted no later than March 31, 2023 (90 days from the end of plan year) for reimbursement. Any funds left unclaimed on March 31, 2023 will be forfeited. Washington Unified School District has elected to offer a \$500 rollover option, which will allow you to roll over up to \$500 of unused contributions into the next plan year. Be conservative when making elections.



Important Notices

Newborns' and Mothers' Health Protection Act (NMHPA)

Benefits for pregnancy hospital stay (for delivery) for a mother and her newborn generally may not be restricted to less than 48 hours following a vaginal delivery or 96 hours following a cesarean section. Also, any utilization review requirements for inpatient hospital admissions will not apply for this minimum length of stay and early discharge is only permitted if the attending health care provider, in consultation with the mother, decides an earlier discharge is appropriate.

Women's Health and Cancer Rights Act (WHCRA) Annual Notice

Your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema. For more information, you should review the Summary Plan Description or call your Plan Administrator at 916.375.7604 ext. 7 (ext. 4001 if calling internally) for more information.

Patient Protections

The medical plan requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. Until you make this designation, the plan will designate one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, please contact your carrier.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from the plan or any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, please contact your carrier.

Networks/Claims/Appeals

The major medical plans described in this booklet have provider networks with Kaiser Permanente and Western Health Advantage. The listing of provider networks will be available to you automatically and free of charge. A list of network providers can be accessed immediately by using the Internet address found in the Summary of Benefits and Coverage that relates to the Plan. You have a right to appeal denials of claims, and a right to a response within a reasonable amount of time. Claims that are not submitted within a reasonable time may be denied. Please review your Summary Plan Description or contact the Plan Administrator for more details.

COBRA Continuation Coverage

This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan. **This notice explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect your right to get it.** When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage.

The right to COBRA continuation coverage was created by federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information about your rights and obligations under the Plan and federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

You may have other options available to you when you lose group health coverage. For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally does not accept late enrollees.

Important Notices (continued)

WHAT IS COBRA CONTINUATION COVERAGE?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "Qualifying Event." Specific Qualifying Events are listed later in this notice. After a Qualifying Event, COBRA continuation coverage must be offered to each person who is a "Qualified Beneficiary." You, your spouse, and your dependent children could become Qualified Beneficiaries if coverage under the Plan is lost because of the Qualifying Event. Under the Plan, Qualified Beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

If you are an employee, you will become a Qualified Beneficiary if you lose coverage under the Plan because of the following Qualifying Events:

- Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you are the spouse of an employee, you will become a Qualified Beneficiary if you lose your coverage under the Plan because of the following Qualifying Events:

- Your spouse dies;
- Your spouse's hours of employment are reduced;
- Your spouse's employment ends for any reason other than their gross misconduct;
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or,
- You become divorced or legally separated from your spouse.

Your dependent children will become Qualified Beneficiaries if they lose coverage under the Plan because of the following Qualifying Events:

- The parent-employee dies;
- The parent-employee's employment ends for any reason other than their gross misconduct;
- The parent-employee becomes entitled to Medicare benefits (Part A, Part B, or both);
- The parents become divorced or legally separated; or,
- The child stops being eligible for coverage under the Plan as a "dependent child."

WHEN IS COBRA CONTINUATION COVERAGE AVAILABLE?

The Plan will offer COBRA continuation coverage to Qualified Beneficiaries only after the Plan Administrator has been notified that a Qualifying Event has occurred. The employer must notify the Plan Administrator of the following Qualifying Events:

- The end of employment or reduction of hours of employment;
- Death of the employee; or,
- The employee's becoming entitled to Medicare benefits (under Part A, Part B, or both).

For all other Qualifying Events (e.g., divorce or legal separation of the employee and spouse, or a dependent child's losing eligibility for coverage as a dependent child, etc.), you must notify the Plan Administrator within 60 days after the Qualifying Event occurs. You must provide this notice to your employer.

Life insurance, accidental death and dismemberment benefits, and weekly income or long-term disability benefits (if part of the employer's plan), are not eligible for continuation under COBRA.

NOTICE AND ELECTION PROCEDURES

Each type of notice or election to be provided by a covered employee or a Qualified Beneficiary under this COBRA Continuation Coverage Section must be in writing, must be signed and dated, and must be mailed or hand-delivered to the Plan Administrator, properly addressed, or as otherwise permitted by the COBRA administrator, no later than the date specified in the election form, and properly submitted to the Plan Administrator.

Each notice must include all of the following items: the covered employee's full name, address, phone number and Social Security Number; the full name, address, phone number and Social Security Number of each affected dependent, as well as each dependent's relationship to the covered employee; a description of the Qualifying Event or disability determination that has occurred; the date the Qualifying Event or disability determination occurred; a copy of the Social Security Administration's written disability determination, if applicable; and the name of this Plan. The Plan Administrator may establish specific forms that must be used to provide a notice or election.

ELECTION AND ELECTION PERIOD

COBRA continuation coverage may be elected during the period beginning on the date Plan coverage would otherwise terminate due to a Qualifying Event and ending on the later of the following: (1) 60 days after coverage ends due to a Qualifying Event, or (2) 60 days after the notice of the COBRA continuation coverage rights is provided to the Qualified Beneficiary.

Important Notices (continued)

If, during the election period, a Qualified Beneficiary waives COBRA continuation coverage rights, the waiver can be revoked at any time before the end of the election period. Revocation of the waiver will be an election of COBRA continuation coverage. However, if a waiver is revoked, coverage need not be provided retroactively (that is, from the date of the loss of coverage until the waiver is revoked). Waivers and revocations of waivers are considered to be made on the date they are sent to the employer or Plan Administrator.

HOW IS COBRA CONTINUATION COVERAGE PROVIDED?

Once the Plan Administrator receives notice that a Qualifying Event has occurred, COBRA continuation coverage will be offered to each of the Qualified Beneficiaries. Each Qualified Beneficiary will have an independent right to elect COBRA continuation coverage. Covered employees may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation on behalf of their dependent children.

COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. Certain Qualifying Events, or a second Qualifying Event during the initial period of coverage, may permit a beneficiary to receive a maximum of 36 months of coverage.

DISABILITY EXTENSION OF THE 18-MONTH PERIOD OF COBRA CONTINUATION COVERAGE

If you or anyone in your family covered under the Plan is determined by Social Security to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to get up to an additional 11 months of COBRA continuation coverage, for a maximum of 29 months. This disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of COBRA continuation coverage. (See Notice and Election Procedures.)

SECOND QUALIFYING EVENT EXTENSION OF 18-MONTH PERIOD OF COBRA CONTINUATION COVERAGE

If your family experiences another Qualifying Event during the 18 months of COBRA continuation of coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation of coverage, for a maximum of 36 months, if the Plan is properly notified about the second Qualifying Event. This extension may be available to the spouse and any dependent children receiving COBRA continuation of coverage if the employee or former employee dies; becomes entitled to Medicare (Part A, Part B, or both); gets divorced or legally separated; or if the dependent child stops being eligible under the Plan as a dependent child. This extension is only available if the second Qualifying Event would have caused the spouse or the dependent child to lose coverage under the Plan had the first Qualifying Event not occurred. (See Notice and Election Procedures.)

OTHER OPTIONS BESIDES COBRA CONTINUATION COVERAGE

Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicaid, Children's Health Insurance Program (CHIP) or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA continuation coverage. You can learn more about many of these options at www.healthcare.gov.

ENROLLMENT IN MEDICARE INSTEAD OF COBRA

In general, if you don't enroll in Medicare Part A or B when you are first eligible because you are still employed, after the Medicare initial enrollment period, you have an 8-month special enrollment period¹ to sign up for Medicare Part A or B, beginning on the earlier of:

- The month after your employment ends; or
- The month after group health plan coverage based on current employment ends.

¹ <https://www.medicare.gov/sign-up-change-plans/how-do-i-get-parts-a-b/part-a-part-b-sign-up-periods>

Important Notices (continued)

If you don't enroll in Medicare and elect COBRA continuation coverage instead, you may have to pay a Part B late enrollment penalty and you may have a gap in coverage if you decide you want Part B later. If you elect COBRA continuation coverage and later enroll in Medicare Part A or B before the COBRA continuation coverage ends, the Plan may terminate your continuation coverage. However, if Medicare Part A or B is effective on or before the date of the COBRA election, COBRA coverage may not be discontinued on account of Medicare entitlement, even if you enroll in the other part of Medicare after the date of the election of COBRA coverage.

If you are enrolled in both COBRA continuation coverage and Medicare, Medicare will generally pay first (primary payer) and COBRA continuation coverage will pay second. Certain plans may pay as if secondary to Medicare, even if you are not enrolled in Medicare.

For more information visit <https://www.medicare.gov/medicare-and-you>.

IF YOU HAVE QUESTIONS

For more information about the Marketplace, visit www.healthcare.gov.

The U.S. Department of Health and Human Services (HHS), through the Centers for Medicare & Medicaid Services (CMS), has jurisdiction with respect to the COBRA continuation coverage requirements of the Public Health Service Act (PHSA) that apply to state and local government employers, including counties, municipalities, public school districts, and the group health plans that they sponsor (Public Sector COBRA). COBRA can be a daunting and complex area of federal law. If you have any questions or issues regarding Public Sector COBRA, you may contact the Plan Administrator or email HHS at phig@cms.hhs.gov.

KEEP YOUR PLAN INFORMED OF ADDRESS CHANGES

To protect your family's rights, let the Plan Administrator know about any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

EFFECTIVE DATE OF COVERAGE

COBRA continuation coverage, if elected within the period allowed for such election, is effective retroactively to the date coverage would otherwise have terminated due to the Qualifying Event, and the Qualified Beneficiary will be charged for coverage in this retroactive period.

COST OF CONTINUATION COVERAGE

The cost of COBRA continuation coverage will not exceed 102% of the Plan's full cost of coverage during the same period for similarly situated non-COBRA beneficiaries to whom a Qualifying Event has not occurred. The "full cost" includes any part of the cost which is paid by the employer for non-COBRA beneficiaries.

The initial payment must be made within 45 days after the date of the COBRA election by the Qualified Beneficiary. Payment must cover the period of coverage from the date of the COBRA election retroactive to the date of loss of coverage due to the Qualifying Event (or date a COBRA waiver was revoked, if applicable). The first and subsequent payments must be submitted and made payable to the Plan Administrator or COBRA Administrator. Payments for successive periods of coverage are due on the first of each month thereafter, with a 30-day grace period allowed for payment. Where an employee organization or any other entity that provides Plan benefits on behalf of the Plan Administrator permits a billing grace period greater than the 30 days stated above, such period shall apply in lieu of the 30 days. Payment is considered to be made on the date it is sent to the Plan or Plan Administrator.

The Plan will allow the payment for COBRA continuation coverage to be made in monthly installments, but the Plan can also allow for payment at other intervals. The Plan is not obligated to send monthly premium notices.

The Plan will notify the Qualified Beneficiary, in writing, of any termination of COBRA coverage based on the criteria stated in this Section that occurs prior to the end of the Qualified Beneficiary's applicable maximum coverage period. Notice will be given within 30 days of the Plan's decision to terminate.

Such notice shall include the reason that continuation coverage has terminated earlier than the end of the maximum coverage period for such Qualifying Event and the date of termination of continuation coverage.

See the Summary Plan Description or contact the Plan Administrator for more information.

Important Notices (continued)

Flexible Spending Accounts (FSAs) – Termination and Claims Submission Deadlines

Note: If you lose eligibility for any reason during the Plan Year, your contributions to your Health and/or Dependent Care FSAs will end as of the date your eligibility terminates. You may submit claims for reimbursement from your FSAs for expenses incurred during the Plan Year prior to your eligibility termination. You must submit claims for reimbursement from your Health and/or Dependent Care FSAs no later than 90 days after the date your eligibility terminates. Any balance remaining in your FSAs will be forfeited after claims submitted prior to this date have been processed.

Special Enrollment Rights Notice

CHANGES TO YOUR HEALTH PLAN ELECTIONS

Once you make your benefits elections, they cannot be changed until the next Open Enrollment. Open Enrollment is held once a year.

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if there is a loss of other coverage. However, you must request enrollment no later than 30 days after that other coverage ends.

If you declined coverage while Medicaid or the Children's Health Insurance Program (CHIP) is in effect, you may be able to enroll yourself and/or your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment no later than 60 days after Medicaid or CHIP coverage ends.

If you or your dependents become eligible for Medicaid or CHIP premium assistance, you may be able to enroll yourself and/or your dependents into this plan. However, you must request enrollment no later than 60 days after the determination for eligibility for such assistance.

If you have a change in family status such as a new dependent resulting from marriage, birth, adoption or placement for adoption, divorce (including legal separation and annulment), death, or Qualified Medical Child Support Order, you may be able to enroll yourself and / or your dependents. However, you must request enrollment no later than 30 days after the marriage, birth, adoption or placement for adoption or divorce (including legal separation and annulment).

For information about Special Enrollment Rights, please contact:

Washington Unified School District
Benefits Department
930 Westacre Road
West Sacramento, CA 95691

Phone: (916) 375-7604 ext. 7
(ext. 4001 if calling internally)

Medicare Part D – Important Notice About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it.

This notice has information about your current prescription drug coverage with Washington Unified School District and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- **Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.**
- **Washington Unified School District has determined that the prescription drug coverage offered by Washington Unified School District Medical Plan is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.**

Important Notices (continued)

WHEN CAN YOU JOIN A MEDICARE DRUG PLAN?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

WHAT HAPPENS TO YOUR CURRENT COVERAGE IF YOU DECIDE TO JOIN A MEDICARE DRUG PLAN?

If you decide to join a Medicare drug plan, your current Washington Unified School District coverage will not be affected. If you keep this coverage and elect Medicare, the Washington Unified School District coverage will coordinate with Part D coverage.

If you do decide to join a Medicare drug plan and drop your current Washington Unified School District coverage, be aware that you and your dependents will be able to get this coverage back.

WHEN WILL YOU PAY A HIGHER PREMIUM (PENALTY) TO JOIN A MEDICARE DRUG PLAN?

You should also know that if you drop or lose your current coverage with Washington Unified School District and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without Creditable Coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (i.e., a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

FOR MORE INFORMATION ABOUT THIS NOTICE OR YOUR CURRENT PRESCRIPTION DRUG COVERAGE

Contact the person listed below for further information. **Note:** You will get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Washington Unified School District changes. You also may request a copy of this notice at any time.

FOR MORE INFORMATION ABOUT YOUR OPTIONS UNDER MEDICARE PRESCRIPTION DRUG COVERAGE

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You will get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

FOR MORE INFORMATION ABOUT MEDICARE PRESCRIPTION DRUG COVERAGE

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see your copy of the Medicare & You handbook for their telephone number) for personalized help.
- Call 800.MEDICARE (800.633.4227). TTY users should call 877.486.2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 800.772.1213 (TTY 800.325.0778).

REMEMBER

Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained Creditable Coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: October 15, 2021

Name of Entity / Sender: Washington Unified School District

Contact: Benefits Department

Address: 930 Westacre Road
West Sacramento, CA 95691

Phone: 916.375.7604 ext. 7
(ext. 4001 if calling internally)

Availability of Health Insurance Portability and Accountability Act (HIPAA) Notice of Privacy Practices

Washington Unified School District Group Health Plan (Plan) maintains a Notice of Privacy Practices that provides information to individuals whose protected health information (PHI) will be used or maintained by the Plan. If you would like a copy of the Plan's Notice of Privacy Practices, please contact the Benefits Department at 916.375.7604 ext. 7 (ext. 4001 if calling internally).

Important Notices (continued)

Health Insurance Marketplace Coverage Options and Your Health Coverage

PART A: GENERAL INFORMATION

This notice provides you with information about Washington Unified School District in the event you wish to apply for coverage on the Health Insurance Marketplace. All the information you need from Human Resources is listed in this notice. If you wish to have someone assist you in the application process or have questions about subsidies that you may be eligible to receive, (for California residents only) you can contact KeenanDirect at 855.653.3626 or at www.KeenanDirect.com, or (for everyone) contact the Health Insurance Marketplace directly at www.Healthcare.gov.

WHAT IS THE HEALTH INSURANCE MARKETPLACE?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget by offering “one-stop shopping” to find and compare private health insurance options. You may also be eligible for a tax credit that lowers your monthly premium right away. Open Enrollment for health insurance coverage through Covered California will begin November 1, 2021 and is anticipated to end on January 31, 2022. Open Enrollment for other states will begin on November 1 and close on December 15 of each year. Some states have expanded the open enrollment period beyond December 15, 2021 for coverage to begin in 2022. Notably, Covered California continues its special enrollment period for coverage beginning in 2021 to December 31, 2021.

CAN I SAVE MONEY ON MY HEALTH INSURANCE PREMIUMS IN THE MARKETPLACE?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer you coverage, offers medical coverage that is not “Affordable,” or does not provide “Minimum Value.” If the lowest cost plan from your employer that would cover you (and not any other members of your family) is more than 9.61% (for 2022) of your household income for the year, then that coverage is not Affordable. Moreover, if the medical coverage offered covers less than 60% of the benefits costs, then the plan does not provide Minimum Value.

DOES EMPLOYER HEALTH COVERAGE AFFECT ELIGIBILITY FOR PREMIUM SAVINGS THROUGH THE MARKETPLACE?

Yes. If you have an offer of medical coverage from your employer that is both Affordable and provides Minimum Value, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer’s medical plan.

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered medical coverage. Also, this employer contribution, as well as your employee contribution to employer-offered coverage, is often excluded from income for federal and state income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

PART B: EXCHANGE APPLICATION INFORMATION

In the event you wish to apply for coverage on the Exchange, all the information you need from Human Resources is listed below. If you are located in California and wish to have someone assist you in the application process or have questions about subsidies that you may be eligible to receive, you can contact KeenanDirect at 855.653.3626 or at www.KeenanDirect.com.

3. Employer name Washington Unified School District	4. Employer Identification Number (EIN) 68-0343642	
5. Employer address 930 Westacre Road	6. Employer phone number 916.375.7604 ext. 7 (ext. 4001 if calling internally)	
7. City West Sacramento	8. State CA	9. ZIP code 95691
10. Who can we contact about employee health coverage at this job? Benefits Department		
11. Phone number (if different from above)	12. Email address	

Important Notices (continued)

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your State may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs, but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 877.KIDS.NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your State if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 866.444.EBSA (3272).

If you live in one of the following States, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2021. Contact your State for more information on eligibility.

ALABAMA – Medicaid
Website: <http://myalhipp.com/>
Phone: 855.692.5447

ALASKA – Medicaid
The AK Health Insurance Premium Payment Program
Website: <http://myakhipp.com/>
Phone: 866.251.4861
Email: CustomerService@MyAKHIPP.com
Medicaid Eligibility:
<http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx>

ARKANSAS – Medicaid
Website: <http://myarhipp.com/>
Phone: 855.MyARHIPP (855.692.7447)

CALIFORNIA – Medicaid
Health Insurance Premium Payment (HIPP) Program Website:
<http://dhcs.ca.gov/hipp>
Phone: 916.445.8322
Email: hipp@dhcs.ca.gov

COLORADO – Health First Colorado
Colorado's Medicaid Program & Child Health Plan Plus (CHIP+) Healthy First Colorado Website:
<https://www.healthfirstcolorado.com/>
Health First Colorado Member Contact Center: 800.221.3943
TTY: Colorado relay 711
CHP+: <https://www.colorado.gov/pacific/hcpf/child-health-plan-plus>
CHP+ Customer Service: 800.359.1991
TTY: Colorado relay 711
Health Insurance Buy-In Program (HIBI):
<https://www.colorado.gov/pacific/hcpf/health-insurance-buy-program>
HIBI Customer Service: 855.692.6442

FLORIDA – Medicaid
Website:
<http://www.flmedicaidprecovery.com/flmedicaidprecovery.com/hipp/index.html>
Phone: 877.357.3268

GEORGIA – Medicaid
Website: <http://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp/>
Phone: 678.564.1162, ext. 2131

INDIANA – Medicaid
Healthy Indiana Plan for low-income adults 19-64
Website: <http://www.in.gov/fssa/hip/>
Phone: 877.438.4479
All other Medicaid
Website: <https://www.in.gov/medicaid/>
Phone: 800.457.4584

IOWA – Medicaid and CHIP (Hawki)
Medicaid Website: <https://dhs.iowa.gov/ime/members>
Medicaid Phone: 800.338.8366
HIPP Website:
<https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp>
HIPP Phone: 888.346.9562

KANSAS – Medicaid
Website: <https://www.kancare.ks.gov/>
Phone: 800.792.4884

KENTUCKY – Medicaid
Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website:
<https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx>
Phone: 855.459.6328
Email: KIHIPPPROGRAM@ky.gov
KCHIP Website: <https://kidshealth.ky.gov/Pages/index.aspx>
Phone: 877.524.4718
Kentucky Medicaid Website: <https://chfs.ky.gov>

LOUISIANA – Medicaid
Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp
Phone: 888.342.6207 (Medicaid hotline) or 855.618.5488 (LaHIPP)

Important Notices (continued)

MAINE – Medicaid

Enrollment Website:

<https://www.maine.gov/dhhs/ofi/applications-forms>

Phone: 800.442.6003 | TTY: Maine relay 711

Private Health Insurance Premium Webpage:

<https://www.maine.gov/dhhs/ofi/applications-forms>

Phone: 800.977.6740 | TTY: Maine relay 711

MASSACHUSETTS – Medicaid and CHIP

Website: <https://www.mass.gov/info-details/masshealth-premium-assistance-pa>

Phone: 800.862.4840

MINNESOTA – Medicaid

Website: <https://mn.gov/dhs/people-we-serve/children-and-families/health-care/health-care-programs/programs-and-services/other-insurance.jsp>

Phone: 800.657.3739

MISSOURI – Medicaid

Website:

<https://www.dss.mo.gov/mhd/participants/pages/hipp.htm>

Phone: 573.751.2005

MONTANA – Medicaid

Website: <http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP>

Phone: 800.694.3084

NEBRASKA – Medicaid

Website: <http://www.ACCESSNebraska.ne.gov>

Phone: 855.632.7633

Lincoln: 402.473.7000

Omaha: 402.595.1178

NEVADA – Medicaid

Medicaid Website: <https://dhcfp.nv.gov/>

Medicaid Phone: 800.992.0900

NEW HAMPSHIRE – Medicaid

Website: <http://www.dhhs.nh.gov/oii/documents/hippapp.pdf>

Phone: 603.271.5218

Toll-Free for the HIPP program: 800.852.3345, ext. 5218

NEW JERSEY – Medicaid and CHIP

Medicaid Website:

<http://www.state.nj.us/humanservices/dmahs/clients/medicaid/>

Medicaid Phone: 609.631.2392

CHIP Website: <http://www.njfamilycare.org/index.html>

CHIP Phone: 800.701.0710

NEW YORK – Medicaid

Website: https://www.health.ny.gov/health_care/medicaid/

Phone: 800.541.2831

NORTH CAROLINA – Medicaid

Website: <https://medicaid.ncdhhs.gov/>

Phone: 919.855.4100

NORTH DAKOTA – Medicaid

Website: <http://www.nd.gov/dhs/services/medicalserv/medicaid/>

Phone: 844.854.4825

OKLAHOMA – Medicaid and CHIP

Website: <http://www.insureoklahoma.org>

Phone: 888.365.3742

OREGON – Medicaid

Websites: <http://healthcare.oregon.gov/Pages/index.aspx>

<http://www.oregonhealthcare.gov/index-es.html>

Phone: 800.699.9075

PENNSYLVANIA – Medicaid

Website:

<https://www.dhs.pa.gov/providers/Providers/Pages/Medical/HIPP-Program.aspx>

Phone: 800.692.7462

RHODE ISLAND – Medicaid and CHIP

Website: <http://www.eohhs.ri.gov/>

Phone: 855.697.4347, or 401.462.0311 (Direct Rlte Share Line)

SOUTH CAROLINA – Medicaid

Website: <https://www.scdhhs.gov>

Phone: 888.549.0820

SOUTH DAKOTA – Medicaid

Website: <http://dss.sd.gov>

Phone: 888.828.0059

TEXAS – Medicaid

Website: <http://gethipptexas.com/>

Phone: 800.440.0493

UTAH – Medicaid and CHIP

Medicaid Website: <https://medicaid.utah.gov/>

CHIP Website: <http://health.utah.gov/chip>

Phone: 877.543.7669

VERMONT – Medicaid

Website: <http://www.greenmountaincare.org/>

Phone: 800.250.8427

VIRGINIA – Medicaid and CHIP

Website: <https://www.coverva.org/en/famis-select>

<https://www.coverva.org/en/hipp/>

Medicaid Phone: 800.432.5924

CHIP Phone: 800.432.5924

WASHINGTON – Medicaid

Website: <https://www.hca.wa.gov/>

Phone: 800.562.3022

WEST VIRGINIA – Medicaid

Website: <http://mywvhipp.com/>

Toll-free phone: 855.MyWVHIPP (855.699.8447)

WISCONSIN – Medicaid and CHIP

Website:

<https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm>

Phone: 800.362.3002

WYOMING – Medicaid

Website: <https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/>

Phone: 800.251.1269

To see if any other states have added a premium assistance program since July 31, 2021, or for more information on special enrollment rights, contact either:

U.S. Department of Labor

Employee Benefits Security Administration

www.dol.gov/agencies/ebsa

866.444.EBSA (3272)

U.S. Department of Health and Human Services

Centers for Medicare & Medicaid Services

www.cms.hhs.gov

877.267.2323, Menu Option 4, Ext. 61565

Contact Information

Below is a listing of the telephone numbers you can call with questions about the plans available to you. You can also use the web site (if available) to access information from providers for the various plans.

Plan	Plan Number	Phone Number	Web Site
Medical			
• Kaiser Permanente HMO / Senior Advantage	1086	800.464.4000	www.kp.org
• Kaiser Permanente HDHP		800.390.3507	www.kp.org
• Western Health Advantage HMO / HSA	106876	888.563.2250	www.westernhealth.com Provider Search: www.westernhealth.com/search-for-providers
• United Healthcare PPO	BPFJ	866.633.2446	www.myuhc.com
• HealthNet Seniority Plus	6210SN 62102S	800.631.3366	www.healthnet.com
• CalPERS		888.225.7377	www.calpers.ca.gov
Dental			
• Delta Dental	18481	866.499.3001	www.deltadentalins.com
Vision			
• Superior Vision	34004	800.507.3800	www.superiorvision.com
Employee Assistance Program (EAP)			
• Lincoln Financial Group	10181511	855.327.4463	www.guidanceresources.com Company Code: Lincoln
Basic Life / AD&D, Optional Life			
• Lincoln Financial Group	10181511	800.423.2765	www.lfg.com
Flexible Spending Accounts (FSA)			
• Navia Benefit Solutions		866.535.9227	www.NaviaBenefits.com
Other Voluntary Insurance Products			
• Colonial Life		702.463.2600	http://www.buildingblocksforbusiness.com

Benefits Department

Call 916.375.7604 Ext. 7 (Ext. 4001 if calling internally)

